

Lauf	Datum	m/w	Name, Vorname	AF	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
30	2020	w	Köhler, Ines	1	9.5	635	5:16.8	703	1:11.7	573	<b>1911</b>	15.6	589	11:20.5	763	2:37.3	664	<b>2016</b>	31.9	598	19:57.1	738	3:27.0	691	<b>2027</b>	0:42:33.8	<b>745</b>	<b>6699</b>
30	2020	m	Wegner, Justus	1	7.4	845	4:45.4	582	0:53.8	785	<b>2212</b>	11.7	868	10:40.3	552	2:17.7	586	<b>2006</b>	23.9	846	19:35.0	465	2:59.4	605	<b>1916</b>	0:43:23.2	<b>401</b>	<b>6535</b>
30	2020	m	Hörnig, Eric	1	7.9	741	4:55.1	531	1:00.1	610	<b>1882</b>	13.1	689	10:16.6	611	2:36.2	396	<b>1696</b>	26.6	676	18:20.6	565	3:06.3	547	<b>1788</b>	0:39:42.5	<b>534</b>	<b>5900</b>
30	2020	m	Jokisch, Georg	1	7.8	762	5:06.9	471	1:01.1	584	<b>1817</b>	12.5	763	11:16.0	469	2:28.4	472	<b>1704</b>	26	713	20:23.2	406	3:14.7	479	<b>1598</b>	0:44:40.7	<b>359</b>	<b>5478</b>
30	2020	m	Dippmann, Manfred	1	8.8	572	5:41.3	317	1:10.6	367	<b>1256</b>	14.6	520	12:27.9	323	2:46.8	303	<b>1146</b>	30.3	475	21:45.7	313	3:41.3	295	<b>1083</b>	0:46:31.4	<b>303</b>	<b>3788</b>
30	2020	w	Jarick, Helga	1	13.5	551	9:00.8	343	2:06.3	194	<b>1088</b>	23.5	419	18:06.1	498	4:31.2	295	<b>1212</b>	54.7	247	32:10.1	459	5:46.3	361	<b>1067</b>	1:18:25.0	<b>275</b>	<b>3642</b>
30	2020	m	Brauns, Jobst	1	11.9	799	9:07.1	282	1:59.0	263	<b>1344</b>	20.3	701	19:42.4	306	4:49.3	172	<b>1179</b>	47.5	469	35:20.7	261	6:30.5	146	<b>876</b>	1:16:04.0	<b>242</b>	<b>3641</b>
30	2020	m	Sonntag, Steven	1	8.5	626	6:07.6	220	1:11.0	359	<b>1205</b>	14	585	14:24.7	143	2:59.1	212	<b>940</b>	28.7	558	25:31.3	121	4:16.9	118	<b>797</b>	0:53:42.8	<b>129</b>	<b>3071</b>
30	2020	m	Sonntag, Mario	1	9.3	487	6:25.2	165	1:21.1	186	<b>838</b>	15.1	469	14:53.4	110	3:09.8	145	<b>724</b>	31.1	436	27:09.7	65	4:00.8	189	<b>690</b>			<b>2252</b>
30	2020	m	Schwarzlose, Philipp	1	9.9	394	7:02.9	74	1:29.4	86	<b>554</b>	14.7	509	14:10.0	162	3:18.0	103	<b>774</b>	32.6	367	25:07.1	138	4:09.0	151	<b>656</b>	0:54:45.9	<b>110</b>	<b>2094</b>
30	2020	m	Altnickel, Jens	1	9.9	394	6:58.8	82	1:27.9	101	<b>577</b>	16.9	307	15:16.4	87	3:31.0	50	<b>444</b>	34.6	285	27:49.0	48	4:37.4	52	<b>385</b>	0:58:21.6	<b>56</b>	<b>1462</b>
30	2020	m	Möller, Norbert	1	10.8	560	6:41.9	365	1:27.7	339	<b>1264</b>																	<b>1264</b>
30	2020	w	Walloschek, Sonja	1	14.1	485					<b>485</b>																	<b>485</b>
30	2020	m	Biallas, Günther	1	17.1	86	8:06.8	235	2:20.9	1	<b>322</b>																	<b>322</b>
30	2020	m	Stoppe, Bernd	1	11.8	165	9:06.2	1	1:50.5	1	<b>167</b>	19.8	117	19:58.0	1	4:44.2	1	<b>119</b>	48.3	1	33:25.5	1	5:31.4	1	<b>3</b>	1:13:45.0	<b>1</b>	<b>290</b>
30	2020	m	Walloschek, Dittmar	1	15.7	118	10:46.0	1	2:10.5	5	<b>124</b>	24.9	130	23:24.7	1	5:24.3	1	<b>132</b>	58	19	38:41.8	5	7:22.5	1	<b>25</b>			<b>281</b>
30	2020	m	Hintz, Rene	1	13.3	53	8:24.5	1	1:40.8	10	<b>64</b>	19.8	117	17:53.1	1	4:04.6	1	<b>119</b>	46.7	9	32:10.1	1	5:30.5	1	<b>11</b>			<b>194</b>
30	2020	w	Göbel, Cordula	1			11:32.4	24			<b>24</b>																	<b>24</b>
29	2019	w	Köhler, Ines	1	9.4	652	5:27.6	650	1:12.7	551	<b>1853</b>	15.7	579	11:34.7	730	2:42.1	616	<b>1925</b>	32.7	559	19:53.6	743	3:32.4	650	<b>1952</b>	0:41:50.0	<b>772</b>	<b>6502</b>
29	2019	m	Jokisch, Georg	1	7.5	824	5:00.2	504	0:58.9	642	<b>1970</b>	12.4	776	11:00.2	505	2:25.2	505	<b>1786</b>	25.6	737	19:25.1	478	3:08.7	527	<b>1742</b>	0:40:44.0	<b>495</b>	<b>5993</b>
29	2019	m	Köhler, Alexander	1	8	721	5:00.4	503	1:02.4	552	<b>1776</b>	13.2	677	10:51.6	525	2:27.5	481	<b>1683</b>	27.9	602	18:25.2	559	3:10.2	515	<b>1676</b>	0:39:04.6	<b>559</b>	<b>5694</b>
29	2019	m	Hecht, Sascha	1	8.5	626	5:15.9	428	1:09.6	388	<b>1442</b>	14.3	552	11:27.4	444	2:41.7	346	<b>1342</b>	30	490	19:51.9	444	3:29.3	373	<b>1307</b>	0:41:31.3	<b>466</b>	<b>4557</b>
29	2019	w	Jordan, Silke	1	10.5	480			1:18.4	437	<b>917</b>	16.8	475	13:18.2	513	2:54.5	502	<b>1490</b>	36.9	378	23:16.1	498	4:03.6	440	<b>1316</b>	0:48:10.7	<b>550</b>	<b>4273</b>
29	2019	m	Brauns, Jobst	1	11.3	881	9:26.7	236	2:01.2	239	<b>1356</b>	19	806	20:28.3	255	4:58.9	136	<b>1197</b>	45.6	531	34:22.0	298	6:43.7	112	<b>941</b>	1:11:43.0	<b>320</b>	<b>3814</b>
29	2019	m	Duschka, Kay	1	9.9	394			1:14.3	296	<b>690</b>	15.2	459	11:26.7	446	2:42.1	343	<b>1248</b>	32	394	19:34.6	466	3:29.4	372	<b>1232</b>	0:41:32.4	<b>466</b>	<b>3636</b>
29	2019	m	Radow, Georg	1	8.7	590	6:20.2	180	1:17.5	241	<b>1011</b>	14.5	530	14:20.8	148	3:06.5	164	<b>842</b>	32.1	389	25:13.1	133	4:07.8	156	<b>678</b>	0:56:14.3	<b>86</b>	<b>2617</b>
29	2019	m	Polleschner, Gerhard	1	12.2	620	9:12.8	161	2:10.8	67	<b>848</b>	21.5	475	19:46.5	190	4:49.8	82	<b>747</b>	49.2	293	34:47.7	172	6:15.3	98	<b>563</b>	1:17:45.0	<b>117</b>	<b>2275</b>
29	2019	w	Gorodelska, Viktoriya	1								17.2	440	12:58.4	552	3:08.5	388	<b>1380</b>										<b>1380</b>
29	2019	m	Altnickel, Jens	1	9.4	471	6:53.1	94	1:24.3	143	<b>708</b>	15.6	420	15:16.6	86	3:22.5	82	<b>588</b>	72	1					<b>1</b>			<b>1297</b>
29	2019	m	Bernhard, Robert	1								14.3	552	15:39.6	66	3:03.0	186	<b>804</b>										<b>804</b>
28	2018	m	Jokisch, Georg	1	7.8	762	5:09.2	460	0:58.9	642	<b>1864</b>	12.3	789	11:19.6	461	2:30.9	447	<b>1697</b>	25.6	737	20:04.2	429	3:17.3	459	<b>1625</b>	0:43:09.2	<b>409</b>	<b>5595</b>
28	2018	m	Köhler, Alexander	1	8.3	663	5:25.0	386	1:09.2	396	<b>1445</b>	13.2	677	12:22.3	333	2:37.5	384	<b>1394</b>	27.2	641	21:20.6	340	3:32.9	349	<b>1330</b>	0:42:51.3	<b>419</b>	<b>4588</b>
28	2018	m	Röder, Steffen	1	7.5	824	5:41.8	315	1:03.0	537	<b>1676</b>	13	701	13:09.4	251	2:42.7	338	<b>1290</b>	26.8	665	24:24.1	169	3:42.0	291	<b>1125</b>	0:51:37.5	<b>172</b>	<b>4263</b>
28	2018	m	Sonntag, Steven	1	7.7	782	5:50.2	282	1:07.1	441	<b>1505</b>	13.7	618	13:05.2	258	2:49.8	279	<b>1155</b>	28.8	552	23:07.2	234	3:48.5	253	<b>1039</b>	0:47:56.0	<b>263</b>	<b>3962</b>
28	2018	m	Brauns, Jobst	1	11.6	839	9:09.1	277	2:13.7	126	<b>1242</b>	19.9	733	19:39.4	309	5:00.8	130	<b>1172</b>	44.1	583	35:18.0	262	6:15.5	190	<b>1035</b>	1:16:23.0	<b>237</b>	<b>3686</b>
28	2018	m	Polleschner, Gerhard	1	12	646	8:30.3	258	1:55.5	191	<b>1095</b>	21.4	482	17:45.6	328	4:20.8	190	<b>1000</b>	51.1	243	31:08.2	313	6:10.6	110	<b>666</b>	1:09:30.0	<b>245</b>	<b>3006</b>
28	2018	w	Engwicht, Emilia	1	9.9	571	8:16.1	92	1:31.6	223	<b>886</b>	16.9	467	19:25.3	51	4:05.6	73	<b>591</b>	35.7	426	33:23.1	56	5:27.5	77	<b>559</b>	1:13:38.0	<b>37</b>	<b>2073</b>
28	2018	m	Sonntag, Mario	1	7.9	741	6:35.0	138	1:25.3	130	<b>1009</b>	16.3	357	15:18.7	84	3:25.6	70	<b>511</b>	34.9	273	26:53.7	73	4:21.4	102	<b>448</b>			<b>1968</b>
28	2018	m	Röder, Dirk	1	10.4	324	7:44.9	14	1:26.0	122	<b>460</b>	16.6	331	17:43.6	3	3:53.8	3	<b>337</b>										<b>797</b>
28	2018	m	Engwicht, Jakob	1	10.4	324	7:42.4	17	1:39.6	15	<b>356</b>	18.2	211	18:03.2	1	3:55.6	1	<b>213</b>	39.7	122	29:02.2	22	5:19.1	1	<b>145</b>			<b>714</b>
28	2018	m	Jokisch, Lutz	1	9.3	487	7:06.9	66	1:26.8	113	<b>666</b>																	<b>666</b>
28	2018	m	Schneider, Tina	1	11.6	185	8:24.4	1	1:44.1	2	<b>188</b>	19.7	122	18:02.0	1	4:16.0	1	<b>124</b>	41.9	73			5:27.1	1	<b>74</b>			<b>386</b>
27	2017	m	Jokisch, Georg	1	7.9	741	5:01.2	499	0:56.8	699	<b>1939</b>	12.9	713	11:07.7	488	2:23.6	521	<b>1722</b>	25.9	719	19:45.2	452	3:09.1	524	<b>1695</b>	0:40:00.9	<b>522</b>	<b>5878</b>
27	2017	m	Kuchta, Alex	1	8.8	572	4:51.6	549	1:00.9	589	<b>1710</b>	13.8	607	10:39.3	554	2:18.5	577	<b>1738</b>	27.8	607	18:34.5	546	3:01.0	592	<b>1745</b>	0:38:04.9	<b>599</b>	<b>5792</b>
27	2017	m	Köhler, Alexander	1	8	721	5:03.1	490	0:59.0	639	<b>1850</b>	12.9	713	11:21.9	456	2:24.1	516	<b>1685</b>	26.4	688	19:36.9	463	3:13.3	490	<b>1641</b>	0:40:38.8	<b>498</b>	<b>5674</b>
27	2017	m	Duschka, Kay	1	9	537	5:07.0	470	1:08.0	422	<b>1429</b>	15	479	11:12.7	476	2:34.1	415	<b>1370</b>	31.7	408	19:10.6	497	3:24.3	408	<b>1313</b>	0:39:22.9	<b>547</b>	<b>4659</b>

Lauf	Datum	m/w	Name, Vorname	AF	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
27	2017	m	Brauns, Jobst	1	12.5	582	9:02.8	182	2:02.0	130	<b>894</b>	21.2	497	18:15.4	290	4:30.2	150	<b>937</b>	45.9	390	33:02.1	235	5:59.2	142	<b>767</b>	1:11:31.0	<b>210</b>	<b>2808</b>
27	2017	m	Jannaschk, Bernd	1	10.9	546	7:06.3	283	1:31.5	282	<b>1111</b>	21.1	273	15:21.4	307	3:42.2	190	<b>770</b>	41.7	299	27:02.3	286	4:36.4	262	<b>847</b>			<b>2728</b>
27	2017	w	Engwicht, Emilia	1	10.2	525	7:44.6	158	1:27.8	277	<b>960</b>	16.8	475	18:08.4	108	3:53.4	120	<b>703</b>	34.8	464	32:07.2	88	5:07.7	136	<b>688</b>			<b>2351</b>
27	2017	m	Altnickel, Jens	1	9.4	471	6:34.7	139	1:22.0	173	<b>783</b>	15.3	449	14:46.7	117	3:11.9	133	<b>699</b>	32.6	367	25:44.5	113	4:08.6	152	<b>632</b>	0:50:57.0	<b>187</b>	<b>2301</b>
27	2017	m	Czentarra, Andreas	1	9	537	6:06.8	223	1:13.0	320	<b>1080</b>								32.1	389	23:46.3	199	4:04.2	172	<b>760</b>			<b>1840</b>
27	2017	m	Sonntag, Mario	1	9.9	394	6:50.3	100	1:25.5	128	<b>622</b>	16	383	13:39.8	204	3:28.0	61	<b>648</b>	33.9	312	24:44.1	154	4:29.1	76	<b>542</b>			<b>1812</b>
27	2017	w	Stenzel, Sophie	1	10.9	425	7:21.8	217	1:33.8	194	<b>836</b>	17.6	406	16:01.8	248	3:39.7	185	<b>839</b>										<b>1675</b>
27	2017	w	Schneider, Tina	1	11.2	385	8:01.7	120	1:22.0	371	<b>876</b>	18.9	306	18:13.1	104	4:09.7	60	<b>470</b>										<b>1346</b>
27	2017	m	Biallas, Günther	1	12.3	430	7:19.0	303	1:42.4	195	<b>928</b>															0:55:07.1	<b>404</b>	<b>1332</b>
27	2017	m	Witschas, Lothar	1												3:42.1	244	<b>244</b>	38.6	473	30:10.7	202	5:28.8	113	<b>788</b>			<b>1032</b>
27	2017	m	Vogt, Volker	1	9.8	409	6:01.2	242			<b>651</b>																	<b>651</b>
27	2017	m	Engwicht, Jakob	1	11.4	205	7:29.4	31	1:39.9	14	<b>250</b>	18.9	167	16:38.5	26	3:42.8	19	<b>212</b>	41.8	75	29:13.5	19	4:42.9	39	<b>133</b>			<b>595</b>
26	2016	m	Kuchta, Alexander	1	8.8	572	5:11.2	450	1:01.9	564	<b>1586</b>	13.6	630	10:56.8	513	2:29.1	464	<b>1607</b>	28.1	590	18:54.3	519	3:10.2	515	<b>1624</b>	0:38:47.3	<b>570</b>	<b>5387</b>
26	2016	m	Röder, Steffen	1	7.8	762	5:54.4	267	1:08.7	407	<b>1436</b>	12.9	713	12:46.2	290	2:44.1	326	<b>1329</b>	27	653	23:44.9	201	3:41.6	294	<b>1148</b>	0:49:17.7	<b>227</b>	<b>4140</b>
26	2016	m	Sonntag, Steven	1	8.4	644	6:01.7	240	1:12.7	326	<b>1210</b>	13.5	641	13:28.6	220	3:02.3	190	<b>1051</b>	28.8	552	23:52.0	195	3:57.0	207	<b>954</b>	0:49:43.4	<b>217</b>	<b>3432</b>
26	2016	m	Wolf, Heiko	1	8.5	626	6:15.8	194	1:23.7	150	<b>970</b>	13.5	641	13:48.5	191	3:17.4	105	<b>937</b>	30.2	480	24:35.5	160	4:04.1	173	<b>813</b>	0:49:43.0	<b>217</b>	<b>2937</b>
26	2016	m	Röder, Jan	1	8.7	590	5:59.1	250	1:17.9	235	<b>1075</b>	14.5	530	13:24.9	226	2:49.9	279	<b>1035</b>	30.9	445	27:23.0	59	4:14.9	126	<b>630</b>			<b>2740</b>
26	2016	m	Reinhardt, Ralf	1	8.9	554	6:17.2	189	1:23.7	150	<b>893</b>	14	585	13:48.5	191	3:17.3	106	<b>882</b>	30.7	455	24:35.5	160	4:13.5	132	<b>747</b>	0:49:52.5	<b>213</b>	<b>2735</b>
26	2016	w	Podlesch, Katharina	1	9.9	571	7:46.3	154	1:44.4	83	<b>808</b>	16.1	540			4:18.0	38	<b>578</b>	34.5	477			5:16.4	108	<b>585</b>			<b>1971</b>
26	2016	w	Engwicht, Emilia	1	10.6	466	8:10.4	103	1:37.6	149	<b>718</b>	17	458	17:32.0	142	4:17.5	39	<b>639</b>	36.5	394	31:40.6	100	5:25.3	83	<b>577</b>			<b>1934</b>
26	2016	m	Podlesch, Florian	1	8.9	554	6:26.0	163	1:22.8	162	<b>879</b>	15.5	430	16:19.0	37	3:33.2	43	<b>510</b>	34.1	304	31:04.2	1	4:42.6	40	<b>345</b>			<b>1734</b>
26	2016	m	Sonntag, Mario und Willi	1	9.8	409	6:45.8	111	1:30.0	80	<b>600</b>	18.5	191	15:51.0	57	3:36.0	35	<b>283</b>	35.7	244			4:27.8	80	<b>324</b>			<b>1207</b>
26	2016	w	Röder, Daniela	1	11.4	360	8:24.7	77	1:50.0	43	<b>480</b>	19.8	244	18:11.0	106	4:31.1	13	<b>363</b>	43.6	162	32:23.4	80	5:41.8	45	<b>287</b>			<b>1130</b>
26	2016	m	Deinlein, Uwe	1															35.1	266	22:18.0	280	3:59.9	193	<b>739</b>	0:46:37.9	<b>300</b>	<b>1039</b>
26	2016	m	Katoll, Claus	1	14.5	155	6:48.1	343	1:29.7	308	<b>806</b>																	<b>806</b>
26	2016	w	Krause, Corina	1	9.6	619	8:20.8	84	1:43.0	95	<b>798</b>																	<b>798</b>
26	2016	m	Pehla, Frank	1	9.4	471	6:15.8	194	1:25.8	124	<b>789</b>																	<b>789</b>
26	2016	m	Engwicht, Jakob	1	11.6	185	7:43.8	15	1:43.0	4	<b>204</b>	19.1	155	16:48.2	21	3:40.7	23	<b>199</b>	42	71			5:00.9	9	<b>80</b>			<b>483</b>
25	2015	w	Faber, Vanessa	1	8.4	830	6:47.0	324	1:10.8	592	<b>1746</b>	13.4	829	15:22.4	303	2:57.5	477	<b>1609</b>	27.5	832	29:11.4	186	3:59.8	463	<b>1481</b>	0:43:52.0	<b>697</b>	<b>5533</b>
25	2015	m	Rehnus, Tobias	1	8.1	702	5:24.0	391	1:01.0	587	<b>1680</b>	13.3	665	12:45.0	292	2:40.5	357	<b>1314</b>	27.8	607	21:31.3	328	3:31.8	356	<b>1291</b>	0:42:20.2	<b>437</b>	<b>4722</b>
25	2015	m	Wenzke, Jörg	1	8.6	608	5:41.3	317	1:06.8	448	<b>1373</b>	14	585	12:53.4	277	2:58.3	217	<b>1079</b>	29.3	526	22:20.4	278	3:47.9	257	<b>1061</b>	0:46:30.2	<b>303</b>	<b>3816</b>
25	2015	m	Röder, Steffen	1	8	721	5:33.6	349	1:05.6	475	<b>1545</b>	13.1	689	13:53.1	185	2:51.8	264	<b>1138</b>	27.9	602	23:46.2	200	3:40.5	300	<b>1102</b>			<b>3785</b>
25	2015	m	Sonntag, Steven	1	8.2	682	5:51.6	277	1:08.5	411	<b>1370</b>	13.9	596	13:35.0	211	2:56.0	233	<b>1040</b>	28.8	552	23:25.6	217	3:45.7	269	<b>1038</b>	0:47:49.2	<b>266</b>	<b>3714</b>
25	2015	m	Kobel, Roland	1	10.3	634	7:07.5	280	1:31.2	286	<b>1200</b>	17.3	562	15:26.6	300	3:40.7	198	<b>1060</b>	38.7	404	26:25.6	317	4:48.5	208	<b>929</b>	0:57:14.3	<b>289</b>	<b>3478</b>
25	2015	m	Lehmann, Mike	1	9.4	471	5:41.0	319	1:16.5	258	<b>1048</b>	16.5	340	12:45.3	291	2:57.7	221	<b>852</b>	34.7	281	21:31.6	328	3:45.5	270	<b>879</b>	0:45:05.6	<b>346</b>	<b>3125</b>
25	2015	m	Götte, Christian	1	7.7	782	6:37.8	131	1:09.6	388	<b>1301</b>	12.5	763	15:22.1	81	3:39.9	25	<b>869</b>	26	713			4:30.3	72	<b>785</b>			<b>2955</b>
25	2015	m	Altnickel, Jens	1	8.9	554	6:30.3	151	1:19.7	206	<b>911</b>	14.4	541	14:18.4	151	3:14.6	119	<b>811</b>	31.4	422	25:12.3	134	4:13.0	134	<b>690</b>	0:52:37.8	<b>151</b>	<b>2563</b>
25	2015	m	Reinhardt, Ralf	1	8.6	608	6:12.5	204	1:20.0	202	<b>1014</b>	14.8	499	14:18.1	151	3:12.3	131	<b>781</b>	30.8	450			4:10.2	146	<b>596</b>	0:52:59.0	<b>144</b>	<b>2535</b>
25	2015	m	Röder, Jan	1	8.8	572	6:41.9	120	1:22.1	172	<b>864</b>	15	479	15:34.5	70	3:32.2	46	<b>595</b>	31.1	436	27:03.0	69	4:37.4	52	<b>557</b>			<b>2016</b>
25	2015	m	Deinlein, Uwe	1	10.5	311	5:59.3	249	1:24.3	143	<b>703</b>	16.1	374	12:52.7	279	3:05.1	173	<b>826</b>								0:45:44.5	<b>326</b>	<b>1855</b>
25	2015	m	Wagner, Ronald	1	11.3	216	6:44.4	114	1:25.0	134	<b>464</b>	18.1	218	15:02.5	100	3:28.1	60	<b>378</b>	38.1	166	27:27.0	57	4:41.5	42	<b>265</b>			<b>1107</b>
25	2015	m	Czentarra, Andreas	1	8.9	554	5:52.5	274	1:17.3	244	<b>1072</b>																	<b>1072</b>
25	2015	m	Sonntag, Mario	1	10.7	286	7:02.2	75	1:36.7	29	<b>390</b>	17.6	253			3:28.0	61	<b>314</b>	37.7	178			4:26.7	84	<b>262</b>			<b>966</b>
25	2015	m	Heimbach, Christoph	1	12.6	332	7:05.3	286	1:42.3	147	<b>765</b>	42.4	1					<b>1</b>										<b>766</b>
24	2014	m	Reinhardt, Jonas	1	8.1	702	5:07.0	470	1:02.7	544	<b>1716</b>	13.1	689	11:56.5	383	2:31.8	438	<b>1510</b>	26.4	688	20:56.1	367	3:18.5	450	<b>1505</b>			<b>4731</b>
24	2014	m	Rehnus, Tobias	1	8	721	5:09.5	458	1:04.3	506	<b>1685</b>	13.4	653	12:11.9	353	2:42.8	337	<b>1343</b>	26.7	671	21:41.0	318	3:41.8	292	<b>1281</b>	0:48:24.1	<b>250</b>	<b>4559</b>
24	2014	m	Sonntag, Steven	1	7.8	762	5:46.9	295	1:07.4	435	<b>1492</b>	13.4	653	12:57.9	270	2:45.7	312	<b>1235</b>	27.8	607	22:35.7	263	3:42.1	290	<b>1160</b>	0:47:31.7	<b>274</b>	<b>4161</b>
24	2014	m	Röder, Steffen	1	7.9	741	5:46.8	296	1:09.7	386	<b>1423</b>	13.3	665	13:17.3	238	2:50.2	276											

Lauf	Datum	m/w	Name, Vorname	AF	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
24	2014	m	Röder, Jan	1	8.5	626	6:22.4	173	1:31.8	64	<b>863</b>	14.9	489	15:33.4	71	3:33.7	42	<b>602</b>	31.6	412	27:29.9	56	4:12.3	137	<b>605</b>		<b>2070</b>	
24	2014	m	Materne, Ingo	1	10.1	366	7:32.6	27	1:38.6	19	<b>412</b>	22.5	21	15:13.3	90	3:37.5	31	<b>142</b>	48.8	1	25:42.2	114	4:39.5	47	<b>162</b>	0:54:21.5	<b>117</b>	<b>833</b>
24	2014	m	Kobel, Roland	1	9.8	409	7:05.3	69	1:27.0	111	<b>589</b>					3:51.1	5	<b>5</b>	45.1	24					<b>24</b>		<b>618</b>	
23	2013	m	Sonntag, Steven	1	7.9	741	5:33.1	351	1:03.9	515	<b>1607</b>	13.6	630	12:18.1	341	2:42.1	343	<b>1314</b>	27.8	607	21:41.7	317	3:36.3	327	<b>1251</b>	0:45:34.0	<b>331</b>	<b>4503</b>
23	2013	m	Wenzke, Jörg	1	8.4	644	5:44.4	305	1:06.8	448	<b>1397</b>	13.9	596	12:58.2	269	2:44.9	319	<b>1184</b>	28.6	563	22:37.4	261	3:43.9	280	<b>1104</b>	0:47:36.0	<b>272</b>	<b>3957</b>
23	2013	m	Stenzel, Ingo	1	9.2	503	5:28.1	373	1:11.4	351	<b>1227</b>	14.6	520	11:51.1	394	2:42.4	340	<b>1254</b>	31.7	408	20:47.9	377	3:40.3	301	<b>1086</b>	0:44:19.0	<b>371</b>	<b>3938</b>
23	2013	m	Brauns, Jobst	1	10.9	798	8:16.0	296	1:48.3	271	<b>1365</b>	17.9	761	17:37.3	339	4:33.3	138	<b>1238</b>	48.1	323	30:23.0	347	5:52.6	162	<b>832</b>	1:06:12.0	<b>310</b>	<b>3745</b>
23	2013	m	Röder, Steffen	1	8.6	608	6:00.3	245	1:07.5	433	<b>1286</b>	14.2	563	14:08.4	164	2:56.5	230	<b>957</b>	28.9	547	23:36.9	207	3:45.2	272	<b>1026</b>			<b>3269</b>
23	2013	m	Schmidt, Stephan	1	10.2	352	5:36.5	337	1:13.4	313	<b>1002</b>	16.6	331	12:23.9	330	2:48.2	292	<b>953</b>	34.3	297	21:20.6	340	3:50.4	243	<b>880</b>	0:44:55.0	<b>351</b>	<b>3186</b>
23	2013	m	Polleschner, Gerhard	1								19.5	524	15:34.2	423	3:48.8	272	<b>1219</b>	42.4	410	27:14.1	410	5:07.9	246	<b>1066</b>	1:00:21.0	<b>347</b>	<b>2632</b>
23	2013	m	Röder, Jan	1	9	537	6:24.8	166	1:24.8	136	<b>839</b>	14.7	509	14:53.5	110	3:27.5	62	<b>681</b>	31.1	436	24:40.2	157	4:20.8	104	<b>697</b>			<b>2217</b>
23	2013	m	Deinlein, Uwe	1	9.6	439	5:53.1	272	1:17.2	246	<b>957</b>								33.6	325	21:34.0	326	3:53.4	226	<b>877</b>	0:45:55.0	<b>321</b>	<b>2155</b>
23	2013	m	Kobel, Roland	1	10	380	6:56.6	86	1:25.3	130	<b>596</b>	19.9	113	15:08.4	94	3:30.8	51	<b>258</b>	36.2	227	24:45.2	153	4:24.8	90	<b>470</b>	0:53:27.0	<b>134</b>	<b>1458</b>
23	2013	m	Materne, Ingo	1	11.1	238	7:12.4	56	1:29.1	88	<b>382</b>																	<b>382</b>
22	2012	m	Stenzel, Ingo	1	9.1	520	5:21.8	401	1:08.0	422	<b>1343</b>	16.5	340	11:40.9	415	2:38.3	376	<b>1131</b>	31.2	431	20:51.1	373	3:26.2	394	<b>1198</b>	0:42:46.8	<b>422</b>	<b>4094</b>
22	2012	m	Sonntag, Steven	1	8.2	682	5:41.0	319	1:06.1	464	<b>1465</b>	13.6	630	12:33.5	313	2:41.0	352	<b>1295</b>	28.4	574	23:33.5	210	3:52.2	233	<b>1017</b>	0:48:32.0	<b>247</b>	<b>4024</b>
22	2012	m	Wenzke, Jörg	1	8.5	626	5:42.6	312	1:07.2	439	<b>1377</b>	13.7	618	12:44.9	292	2:49.3	283	<b>1193</b>	28.7	558	23:13.8	228	3:44.0	279	<b>1065</b>	0:46:27.0	<b>305</b>	<b>3940</b>
22	2012	m	Löffler, Steffen	1	8.8	572	5:38.6	328	1:09.6	388	<b>1288</b>	15.1	469	12:14.2	349	2:47.5	298	<b>1116</b>	31.3	426	21:31.2	329	3:47.2	261	<b>1016</b>	0:45:00.1	<b>349</b>	<b>3769</b>
22	2012	m	Barz, Hans-Jürgen	1	11.9	479	7:03.6	352	1:33.2	316	<b>1147</b>	19	486	15:30.9	354	3:34.0	293	<b>1133</b>	39.5	439	29:03.5	249	4:57.2	226	<b>914</b>	1:00:55.0	<b>265</b>	<b>3459</b>
22	2012	m	Stenzel, Max	1	9.1	520	5:57.6	255	1:09.3	394	<b>1169</b>	15.5	430	13:08.6	252	3:00.0	205	<b>887</b>	30.7	455	23:50.6	196	3:52.7	230	<b>881</b>	0:49:51.1	<b>213</b>	<b>3150</b>
22	2012	m	Deinlein, Uwe	1	9.7	424	6:20.7	178	1:18.6	223	<b>825</b>	16.7	323	12:35.5	309	2:58.0	219	<b>851</b>	33	350	21:44.2	315	3:56.3	211	<b>876</b>	0:45:27.2	<b>335</b>	<b>2887</b>
22	2012	m	Kobel, Roland	1	9.9	394	6:48.1	105	1:25.7	125	<b>624</b>	17	299	14:46.3	118	3:30.0	54	<b>471</b>	34.6	285	25:48.1	110	4:39.0	48	<b>443</b>	0:54:20.6	<b>118</b>	<b>1656</b>
22	2012	m	Materne, Ingo	1	10.5	311	6:37.4	132	1:28.0	100	<b>543</b>	18.6	185	14:15.7	154	3:16.1	112	<b>451</b>										<b>994</b>
22	2012	w	Stenzel, Gritt	1	11.5	347	6:43.5	336	1:28.0	274	<b>957</b>																	<b>957</b>
22	2012	m	Röder, Dirk	1	9.3	487	6:45.3	112	1:20.5	194	<b>793</b>																	<b>793</b>
21	2011	m	Regehr, Gerhard	1	11.3	558	6:53.4	387	1:30.6	356	<b>1301</b>	17.7	595	14:05.0	496	3:23.0	366	<b>1457</b>	40.6	398	23:59.5	523	4:22.4	395	<b>1316</b>	0:49:42.5	<b>560</b>	<b>4634</b>
21	2011	m	Sonntag, Steven	1	8.6	608	5:32.0	356	1:10.5	369	<b>1333</b>	13.1	689	12:38.1	304	2:43.1	334	<b>1327</b>	27.3	636	21:54.7	304	3:33.3	346	<b>1286</b>	0:45:48.5	<b>324</b>	<b>4270</b>
21	2011	w	Redantz, Anke	1	10	555	6:43.9	335	1:25.7	310	<b>1200</b>	16.5	503	14:02.0	433	3:22.3	289	<b>1225</b>	37.3	363	24:17.0	434	4:12.4	388	<b>1185</b>	0:49:15.4	<b>516</b>	<b>4126</b>
21	2011	m	Heimbach, Christoph	1	11.7	439	6:51.3	332	1:36.1	219	<b>990</b>	19.2	405	14:01.0	437	3:39.6	203	<b>1045</b>	38.8	400	23:57.6	458	4:48.4	209	<b>1067</b>	0:52:48.8	<b>402</b>	<b>3504</b>
21	2011	w	Kus, Ute	1	11.4	360	6:50.7	312	1:30.3	241	<b>913</b>	18.3	350	14:13.0	414	3:28.9	247	<b>1011</b>	38.7	311	24:27.8	423	4:27.9	304	<b>1038</b>	0:51:42.7	<b>443</b>	<b>3405</b>
21	2011	m	Brauns, Jobst	1	10.8	709	8:14.5	215	1:45.9	216	<b>1140</b>	17.1	730	16:33.0	335	4:21.5	116	<b>1181</b>	45.7	304	28:52.3	326	5:34.3	148	<b>778</b>	1:02:53.7	<b>290</b>	<b>3389</b>
21	2011	m	Witschas, Lothar	1	10.8	560	7:17.1	251	1:33.9	248	<b>1059</b>	17.1	580	16:19.0	228	3:49.8	151	<b>959</b>	37.7	443	27:36.3	259	4:55.7	179	<b>881</b>	0:57:40.4	<b>279</b>	<b>3178</b>
21	2011	m	Altnickel, Jens	1	8.8	572	6:30.4	150	1:17.6	239	<b>961</b>	14.9	489	13:52.3	186	3:14.9	118	<b>793</b>	31.3	426	24:34.9	161	3:56.8	209	<b>796</b>	0:52:19.5	<b>157</b>	<b>2707</b>
21	2011	m	Katoll, Claus	1	9.9	394	6:10.0	212	1:22.4	168	<b>774</b>	15.6	420	13:24.3	227	3:10.5	141	<b>788</b>	36.1	230	22:32.3	266	3:58.2	201	<b>697</b>			<b>2259</b>
21	2011	w	Katoll, Ines	1	12.4	246	7:46.0	155	1:40.8	116	<b>517</b>	21	173	16:35.0	206	4:05.9	72	<b>451</b>			27:52.4	243	5:15.3	111	<b>354</b>			<b>1322</b>
21	2011	m	Materne, Ingo	1	11.6	185	6:50.7	99	1:26.2	120	<b>404</b>	16.3	357	13:59.0	177	3:16.2	111	<b>645</b>	42.7	58					<b>58</b>			<b>1107</b>
21	2011	m	Deinlein, Uwe	1															33.6	325	21:31.4	328	3:46.6	264	<b>917</b>			<b>917</b>
21	2011	m	Prescher, Dominik	1	9.4	471	8:49.4	1	1:38.0	22	<b>494</b>																	<b>494</b>
21	2011	m	Prescher, Thomas	1	11.7	175	7:40.7	18	1:38.8	18	<b>211</b>	19.7	122	16:04.0	47			<b>169</b>										<b>380</b>
20	2010	m	Peschick, Joshua	1	8.8	572	5:05.3	479	1:05.4	480	<b>1531</b>	13.6	630	11:35.9	426	2:35.0	407	<b>1463</b>	28.3	579	20:35.9	391	3:27.0	389	<b>1359</b>	0:44:58.1	<b>350</b>	<b>4703</b>
20	2010	m	Biallas, Günther	1	11.3	491	6:15.6	464	1:25.6	374	<b>1329</b>	17.9	510	13:26.2	501	3:14.2	366	<b>1377</b>	38.2	423	23:02.5	518	4:13.2	383	<b>1324</b>	0:47:58.8	<b>546</b>	<b>4576</b>
20	2010	m	Sonntag, Steven	1	7.8	762	5:29.9	365	1:05.5	477	<b>1604</b>	13.9	596	12:33.6	312	2:41.5	348	<b>1256</b>	28.4	574	22:23.3	275	3:36.6	325	<b>1174</b>	0:47:11.8	<b>283</b>	<b>4317</b>
20	2010	m	Regehr, Gerhard	1	11.5	531	6:57.9	372	1:29.5	373	<b>1276</b>	19.1	478	15:21.7	368	3:41.6	247	<b>1093</b>	40.3	409	25:23.3	438	4:41.9	294	<b>1141</b>	0:51:38.9	<b>501</b>	<b>4011</b>
20	2010	m	Wenzke, Jörg	1	7.8	762	5:44.3	305	1:09.0	400	<b>1467</b>	14.1	573	12:37.6	305	2:44.4	323	<b>1201</b>	29.3	526	22:53.0	247	3:55.9	213	<b>986</b>	0:45:48.5	<b>324</b>	<b>3978</b>
20	2010	m	Reinhardt, Ralf	1	8.6	608	5:41.2	318	1:06.9	446	<b>1372</b>	13.6	630	12:45.8	291	2:44.6	322	<b>1243</b>	28.1	590	22:56.4	243	3:54.3	221	<b>1054</b>	0:46:42.5	<b>297</b>	<b>3966</b>
20	2010	w	Kus, Ute	1	10.4	495	6:51.1	310	1:28.3	270	<b>1075</b>	18	374	14:29.4	386													

Lauf	Datum	m/w	Name, Vorname	AF	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
20	2010	m	Jannaschck, Bernd	1	10.6	298	6:31.5	147	1:29.9	81	<b>526</b>	17.4	268	14:45.3	119	3:23.9	76	<b>463</b>	37.2	193	25:15.7	132	4:27.4	81	<b>406</b>	0:52:05.0	<b>162</b>	<b>1557</b>
20	2010	m	Röder, Steffen	1	10.5	311	6:37.6	131	1:26.5	116	<b>558</b>	17.3	275			3:19.8	94	<b>369</b>	36	233			4:10.3	145	<b>378</b>		<b>1305</b>	
20	2010	m	Heimbach, Christoph	1	13.5	43	6:47.3	107	1:39.8	14	<b>164</b>	21.4	51	14:39.9	125	3:36.3	34	<b>210</b>	44.7	28	24:38.0	158	4:51.2	23	<b>209</b>	0:51:15.3	<b>181</b>	<b>764</b>
20	2010	m	Prescher, Thomas	1	12.2	129	7:18.7	46	1:36.4	31	<b>206</b>	20.8	73	15:51.1	57	3:41.0	22	<b>152</b>	42.5	62	26:32.6	84	4:41.2	43	<b>189</b>	0:55:53.7	<b>91</b>	<b>638</b>
20	2010	m	Witschas, Lothar	1	10.8	273	7:26.2	35	1:26.5	116	<b>424</b>																<b>424</b>	
19	2009	m	Sonntag, Steven	1	8.2	682	5:25.7	383	1:01.5	574	<b>1639</b>	13.1	689	11:47.7	401	2:40.5	357	<b>1447</b>	27.3	636	21:37.5	322	3:36.0	328	<b>1286</b>	0:45:35.3	<b>331</b>	<b>4703</b>
19	2009	m	Wagner, Ronald	1	9.9	394	5:53.9	269	1:12.0	340	<b>1003</b>	15.5	430	12:59.3	267	2:58.0	219	<b>916</b>	32.8	358	23:33.8	210	3:56.1	212	<b>780</b>	0:50:32.1	<b>197</b>	<b>2896</b>
19	2009	m	Materne, Ingo	1	9.6	439	6:20.2	180	1:24.9	135	<b>754</b>	17.4	268	13:27.7	222	3:05.5	170	<b>660</b>	39	140	23:37.7	207	4:03.4	176	<b>523</b>	0:50:04.0	<b>208</b>	<b>2145</b>
19	2009	m	Kobel, Roland	1	9.6	439	6:41.2	122	1:20.6	193	<b>754</b>	16.2	366	14:04.0	170	3:17.8	103	<b>639</b>	35.9	237	24:14.5	177	4:10.7	143	<b>557</b>	0:51:41.1	<b>171</b>	<b>2121</b>
19	2009	m	Gruener, Bernd	1	11.3	216	6:25.3	165	1:27.7	103	<b>484</b>	18	224	13:26.1	224	3:08.3	154	<b>602</b>	38.7	149	23:31.3	212	4:18.0	114	<b>475</b>	0:49:05.1	<b>233</b>	<b>1794</b>
19	2009	m	Röder, Steffen	1	10.2	352	6:58.4	83	1:33.3	52	<b>487</b>	17.8	238			3:41.2	22	<b>260</b>	38.9	143			4:25.4	88	<b>231</b>		<b>978</b>	
19	2009	m	Brauns, Jobst	1																	28:06.4	364			<b>364</b>	0:58:58.9	<b>380</b>	<b>744</b>
19	2009	m	Röder, Dirk	1	10.2	352	6:20.3	180	1:32.2	60	<b>592</b>																<b>592</b>	
19	2009	m	Röder, Jan	1	10.6	298	7:36.2	23	1:53.9	1	<b>322</b>	19.6	128			4:01.5	1	<b>129</b>	42.1	69			4:55.2	16	<b>85</b>		<b>536</b>	
18	2008	m	Sonntag, Steven	1	8.1	702	5:24.6	388	1:04.2	508	<b>1598</b>	13.8	607	11:41.4	414	2:33.1	425	<b>1446</b>	26.3	694	20:39.9	386	3:23.0	417	<b>1497</b>	0:43:56.4	<b>383</b>	<b>4924</b>
18	2008	m	Barz, Hans-Jürgen	1	11.4	544	6:53.4	387	1:26.8	417	<b>1348</b>	20.5	374	14:28.2	456	3:18.4	399	<b>1229</b>	37.3	525	25:06.5	454	4:06.4	488	<b>1467</b>	0:54:17.3	<b>426</b>	<b>4470</b>
18	2008	m	Brauns, Jobst	1	10.1	816	7:35.8	322	1:34.7	365	<b>1503</b>	17.7	675	16:41.1	324	3:56.1	231	<b>1230</b>	43.6	369	28:26.2	348	5:04.2	261	<b>978</b>	0:59:01.1	<b>379</b>	<b>4090</b>
18	2008	m	Wagner, Ronald	1	9.4	471	5:44.5	305	1:11.6	347	<b>1123</b>	16.6	331	13:04.8	258	2:52.2	261	<b>850</b>	30.9	445	22:57.9	242	3:50.5	242	<b>929</b>	0:49:35.0	<b>220</b>	<b>3122</b>
18	2008	m	Reichert, Frank	1	8.6	608	6:14.2	199	1:09.6	388	<b>1195</b>	14.4	541	14:23.7	144	2:55.8	235	<b>920</b>									<b>2115</b>	
18	2008	m	Gruener, Bernd	1	10.9	261	6:12.4	204	1:24.0	146	<b>611</b>	19	161	13:32.7	214	3:11.0	138	<b>513</b>	37.8	175	23:20.0	222	4:06.7	161	<b>558</b>	0:49:08.7	<b>231</b>	<b>1913</b>
18	2008	m	Röder, Dirk	1	9.1	520	6:45.6	111	1:12.6	328	<b>959</b>																<b>959</b>	
18	2008	m	Hantke, Carsten	1	10.2	352	7:17.5	48	1:29.4	86	<b>486</b>	18.5	191	15:53.5	55	3:49.7	7	<b>253</b>									<b>739</b>	
17	2007	w	Kus, Ute	1	10.8	438	6:40.1	348	1:22.0	371	<b>1157</b>	17.6	406	13:52.5	450	3:11.2	367	<b>1223</b>	37.3	363	23:32.3	481	4:10.4	399	<b>1243</b>	0:48:04.0	<b>554</b>	<b>4177</b>
17	2007	m	Löffler, Steffen	1	8.8	572	5:36.4	337	1:09.7	386	<b>1295</b>	14	585	12:27.5	324	2:47.6	297	<b>1206</b>	32.2	385	21:02.6	360	3:35.6	331	<b>1076</b>	0:43:54.0	<b>384</b>	<b>3961</b>
17	2007	m	Brauns, Jobst	1	10.5	673	7:56.6	198	1:39.9	225	<b>1096</b>	16.9	668	16:29.0	271	4:00.5	150	<b>1089</b>	39.2	450	28:48.1	261	5:20.1	140	<b>851</b>	0:57:48.0	<b>336</b>	<b>3372</b>
17	2007	m	Wagner, Ronald	1	9.8	409	5:41.0	319	1:12.0	340	<b>1068</b>	16	383	12:48.9	285	2:53.7	250	<b>918</b>	33.2	341	23:54.0	193	4:07.0	160	<b>694</b>	0:47:53.0	<b>264</b>	<b>2944</b>
17	2007	m	Polleschner, Gerhard	1	10.9	614	6:37.3	445	1:31.5	342	<b>1401</b>	18.9	494	14:02.0	502	3:23.7	361	<b>1357</b>									<b>2758</b>	
17	2007	m	Kobel, Roland	1	9.8	409	6:06.4	224	1:16.4	259	<b>892</b>	16.2	366	13:31.0	217	3:04.1	179	<b>762</b>	34.6	285	24:04.0	185	4:05.9	165	<b>635</b>	0:49:17.0	<b>228</b>	<b>2517</b>
17	2007	m	Röder, Dirk	1	9.1	520	6:38.0	130	1:13.8	305	<b>955</b>	14.6	520	16:33.0	29	2:56.4	230	<b>779</b>	31	440	31:58.0	1	4:03.6	175	<b>616</b>	0:57:42.0	<b>64</b>	<b>2414</b>
17	2007	m	Gruener, Bernd	1	11.3	216	5:51.9	276	1:19.1	216	<b>708</b>	18.8	173	12:31.9	315	2:56.1	232	<b>720</b>	37.4	187	22:40.7	258	3:54.9	218	<b>663</b>	0:46:34.0	<b>302</b>	<b>2393</b>
17	2007	m	Materne, Ingo	1	9.8	409	6:19.7	182	1:20.9	189	<b>780</b>	16.4	348	13:15.2	241	3:02.5	189	<b>778</b>	37.3	190					<b>190</b>		<b>1748</b>	
16	2006	m	Löffler, Steffen	1	8.8	572	5:33.5	349	1:12.0	340	<b>1261</b>	15.6	420	12:14.0	349	2:48.3	291	<b>1060</b>	33.5	329	20:54.8	369	3:36.3	327	<b>1025</b>	0:44:47.9	<b>355</b>	<b>3701</b>
16	2006	m	Brauns, Jobst	1	10.1	734	7:24.5	286	1:36.4	271	<b>1291</b>	17.7	595	16:24.0	278	3:55.3	174	<b>1047</b>	38.7	469	27:42.3	313	5:11.2	171	<b>953</b>	1:01:05.0	<b>261</b>	<b>3552</b>
16	2006	m	Deinlein, Uwe	1	9.7	424	5:40.6	320	1:15.3	278	<b>1022</b>	15.7	411	11:59.1	378	2:56.5	230	<b>1019</b>	32.7	363	20:32.5	395	3:48.9	251	<b>1009</b>	0:45:21.7	<b>338</b>	<b>3388</b>
16	2006	m	Kobel, Roland	1	9.8	409	6:04.8	230	1:17.0	249	<b>888</b>	16.2	366	13:24.1	227	3:04.8	175	<b>768</b>	34.1	304	24:01.8	187	4:05.4	167	<b>658</b>	0:50:38.4	<b>195</b>	<b>2509</b>
16	2006	m	Katoll, Claus	1								16.6	331	12:11.0	355	2:51.1	269	<b>955</b>									<b>955</b>	
15	2005	m	Brauns, Jobst	1	9.4	848	6:37.8	444	1:25.9	433	<b>1725</b>	15.9	764	14:16.9	475	3:22.8	367	<b>1606</b>	33.5	693	24:33.2	488	4:29.6	356	<b>1537</b>	0:52:36.4	<b>473</b>	<b>5341</b>
15	2005	m	Neumann, Christian	1	9.1	520	5:22.8	396	1:09.0	400	<b>1316</b>	15.1	469	11:46.6	403	2:43.6	330	<b>1202</b>	30.4	470	20:52.6	371	3:35.0	335	<b>1176</b>	0:45:39.2	<b>329</b>	<b>4023</b>
15	2005	m	Katoll, Claus	1	9.6	439	5:50.2	282	1:14.9	286	<b>1007</b>	15.8	402	11:54.3	388	2:47.9	294	<b>1084</b>	32.3	380	20:29.6	398	3:34.4	339	<b>1117</b>	0:42:46.8	<b>422</b>	<b>3630</b>
15	2005	m	Kobel, Roland	1	9.2	503	5:54.4	267	1:14.0	302	<b>1072</b>	15.9	392	12:52.0	280	2:59.6	208	<b>880</b>	31.9	398	22:41.9	257	3:50.5	242	<b>897</b>	0:48:16.7	<b>254</b>	<b>3103</b>
15	2005	m	Deinlein, Uwe	1	9.2	503	5:31.4	358	1:13.7	307	<b>1168</b>	15.4	439	11:45.0	407	2:49.4	283	<b>1129</b>									<b>2297</b>	
15	2005	m	Biallas, Günther	1	10	380	5:53.0	272	1:19.1	216	<b>868</b>	17.1	291	12:52.5	279	3:06.4	165	<b>735</b>									<b>1603</b>	
14	2004	m	Brauns, Jobst	1	9.9	766	7:06.1	344	1:34.1	303	<b>1413</b>	16.5	705	15:29.6	356	3:25.0	352	<b>1413</b>	36.6	555	27:21.3	330	4:37.5	316	<b>1201</b>	0:56:25.7	<b>370</b>	<b>4397</b>
14	2004	m	Karsunke, Ralf	1	9	537	5:20.3	407	1:07.9	424	<b>1368</b>	14	585	12:06.5	363	2:41.4	349	<b>1297</b>	28.8	552	21:30.7	329	3:26.7	391	<b>1272</b>	0:44:44.7	<b>357</b>	<b>4294</b>
14	2004	m	Deinlein, Uwe	1	9.3	487	5:25.7	383	1:10.4	371	<b>1241</b>	15	479	11:22.0	456	2:39.6	365	<b>1300</b>	31.8	403	20:02.9	430	3:33.2	347	<b>1180</b>	0:42:43.4	<b>424</b>	<b>4145</b>
14	2004	m	Kobel, Roland	1	9.2	503	5:44.3	305	1:17.1	248	<b>1056</b>	15.5	430	12:39.9	301	2:54.4	245	<b>976</b>	31.7	408	22:11.5	287	3:48.6	253	<b>948</b>	0:46:54.6	<b>292</b>	<b>3272</b>
14	2004																											



## Ergebnisse Läuferzehnkampf ab 1991

Liste siehe <http://www.cpl-ev.de/statistik-lauf>

Lauf	Datum	m/w	Name, Vorname	AF	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt	
13	2003	m	Prescher, Thomas	1	10.2	352	6:36.0	135	1:24.6	139	<b>626</b>	16.9	307	14:46.8	117	3:13.8	123	<b>547</b>	38.7	149	25:30.2	122	4:16.4	120	<b>391</b>	0:51:24.9	<b>177</b>	<b>1741</b>	
13	2003	m	Rosenau, Thorsten	1	10.2	352	7:20.9	43	1:30.0	80	<b>475</b>	18.5	191	16:39.1	25	3:42.4	19	<b>235</b>	35.7	244	28:24.6	34	4:41.3	43	<b>321</b>	1:04:11.0	<b>6</b>	<b>1037</b>	
13	2003	m	Röder, Dirk	1	8.7	590					<b>590</b>																	<b>590</b>	
12	2002	m	Brauns, Jobst	1	9.9	696	6:48.7	341	1:41.3	157	<b>1194</b>	16.7	617	14:45.4	363	3:23.3	302	<b>1282</b>	35	556	24:54.6	401	4:29.6	295	<b>1252</b>	0:52:56.0	<b>399</b>	<b>4127</b>	
12	2002	m	Deinlein, Uwe	1	9.3	487	5:21.8	401	1:15.4	277	<b>1165</b>	15.2	459	11:09.4	484	2:35.6	401	<b>1344</b>	31.1	436	19:05.9	503	3:29.4	372	<b>1311</b>			<b>3820</b>	
12	2002	m	Hintz, Marco	1	8.6	608	5:08.5	463	1:07.8	426	<b>1497</b>								30.3	475	18:57.3	515	3:24.9	404	<b>1394</b>			<b>2891</b>	
12	2002	m	Lorenz, Ronald	1	9	537	5:52.9	272	1:08.4	413	<b>1222</b>																	<b>1222</b>	
12	2002	m	Hintz, Rene	1															34.4	293	24:14.2	177	4:16.5	120	<b>590</b>			<b>590</b>	
11	2001	m	Giern, Wolfgang	1	7.4	845	4:31.1	663	0:55.4	738	<b>2246</b>	12.2	802	9:38.4	711	2:07.5	707	<b>2220</b>	25.1	768	16:42.0	712	2:46.3	725	<b>2205</b>	0:35:48.7	<b>696</b>	<b>7367</b>	
11	2001	m	Weichert, Christian	1	7.9	741	4:45.5	582	0:59.1	636	<b>1959</b>	12.8	726	9:54.8	667	2:15.4	613	<b>2006</b>	26.6	676	17:25.4	645	2:54.6	648	<b>1969</b>	0:34:51.3	<b>738</b>	<b>6672</b>	
11	2001	m	Röder, Klaus	1	10	681	6:43.6	359	1:21.2	451	<b>1491</b>	16.5	636	15:13.3	319	3:13.4	372	<b>1327</b>	34.9	560	26:37.7	307	4:10.7	397	<b>1264</b>	0:55:30.2	<b>331</b>	<b>4413</b>	
11	2001	m	Brauns, Jobst	1	10.3	634	7:02.1	297	1:30.9	290	<b>1221</b>	15.8	704	15:08.3	327	3:41.6	193	<b>1224</b>	33.8	610	25:23.4	373	4:40.5	243	<b>1226</b>	0:53:27.4	<b>385</b>	<b>4056</b>	
11	2001	m	Deinlein, Uwe	1	9.2	503	5:16.4	425	1:10.1	377	<b>1305</b>	14.9	489	11:08.4	486	2:46.4	307	<b>1282</b>	30.7	455	19:37.3	462	3:21.3	430	<b>1347</b>			<b>3934</b>	
11	2001	m	Röder, Dirk	1	8.9	554	5:21.4	402	1:06.0	466	<b>1422</b>	14.2	563	13:37.4	207	2:39.0	370	<b>1140</b>	29.2	531	25:26.2	125	3:23.2	416	<b>1072</b>	0:49:57.3	<b>211</b>	<b>3845</b>	
11	2001	w	Kus, Ute	1	10.4	495	6:09.2	465	1:17.6	452	<b>1412</b>								35.5	435	22:28.9	551	3:51.9	514	<b>1500</b>			<b>2912</b>	
11	2001	m	Senczyszyn, Zoltan	1	8.3	663	4:47.5	571	0:59.8	618	<b>1852</b>																	<b>1852</b>	
11	2001	m	Bittermann, Dietmar	1								13.2	677	11:07.4	488	2:36.4	394	<b>1559</b>											<b>1559</b>
11	2001	m	Polleschner, Gerhard	1	10.3	634	6:16.5	460	1:20.7	460	<b>1554</b>																	<b>1554</b>	
11	2001	m	Hintz, Marco	1															28.7	558	22:07.0	291	3:28.7	377	<b>1226</b>			<b>1226</b>	
11	2001	m	Bauer, Hardy	1	10.5	311	6:37.6	131	1:20.2	199	<b>641</b>																	<b>641</b>	
10	2000	w	Huschen, Katrin	1	10.6	466	5:28.6	645	1:16.6	471	<b>1582</b>	16.1	540	11:59.9	674	2:58.4	469	<b>1683</b>	35.2	447	20:49.0	671	3:34.0	639	<b>1757</b>	0:42:25.0	<b>750</b>	<b>5772</b>	
10	2000	m	Deinlein, Uwe	1	9.2	503	5:23.9	391	1:14.5	293	<b>1187</b>	14.8	499	11:17.0	467	2:45.0	318	<b>1284</b>	31.3	426	19:13.0	494	3:25.0	403	<b>1323</b>	0:39:56.0	<b>525</b>	<b>4319</b>	
10	2000	m	Röder, Klaus	1	11.5	464	6:43.0	361	1:25.0	384	<b>1209</b>	17.5	544	14:23.1	399	3:16.1	352	<b>1295</b>	35.4	538	25:13.0	383	4:06.0	425	<b>1346</b>	0:52:54.0	<b>400</b>	<b>4250</b>	
10	2000	m	Brauns, Jobst	1	10.1	665	6:56.0	316	1:28.6	325	<b>1306</b>	16.6	627	14:31.2	386	3:34.1	235	<b>1248</b>	34.9	560	24:34.0	421	4:30.0	293	<b>1274</b>	0:52:51.0	<b>401</b>	<b>4229</b>	
10	2000	m	Neumann, Christian	1	9.2	503	5:30.5	362	1:11.4	351	<b>1216</b>	14.1	573	12:19.0	339	2:48.7	288	<b>1200</b>	30.3	475	20:51.0	373	3:32.0	355	<b>1203</b>	0:45:18.0	<b>340</b>	<b>3959</b>	
10	2000	m	Röder, Dirk	1	9.1	520	5:53.0	272	1:11.6	347	<b>1139</b>	14.9	489	13:29.7	219	2:45.6	313	<b>1021</b>	31.6	412	24:56.0	145	3:31.0	361	<b>918</b>	0:51:37.0	<b>172</b>	<b>3250</b>	
10	2000	m	Biallas, Günther	1	9.7	424	6:13.0	203	1:21.2	184	<b>811</b>	15.8	402	13:29.2	220	3:07.3	159	<b>781</b>	34.8	277	24:09.0	181	4:05.0	169	<b>627</b>	0:50:38.0	<b>195</b>	<b>2414</b>	
10	2000	m	Katoll, Claus	1								15.3	449	11:24.2	451	2:44.8	320	<b>1220</b>											<b>1220</b>
10	2000	m	Bauer, Hardy	1	10.9	261	6:20.0	181	1:28.7	92	<b>534</b>																	<b>534</b>	
9	1999	m	Deinlein, Uwe	1	8.6	608	5:20.9	405	1:17.1	248	<b>1261</b>	15.1	469	11:16.0	469	2:53.9	248	<b>1186</b>	34.1	304	19:23.5	480	3:33.1	347	<b>1131</b>	0:40:53.0	<b>490</b>	<b>4068</b>	
9	1999	m	Straube, Horst	1	11.6	451	6:39.5	373	1:34.4	241	<b>1065</b>	20	346	14:09.4	423	3:34.4	233	<b>1002</b>	44.7	210	24:06.0	450	4:23.0	329	<b>989</b>	0:49:26.0	<b>501</b>	<b>3557</b>	
9	1999	m	Röder, Dirk	1	9.2	503	6:07.3	221	1:10.1	377	<b>1101</b>	14.4	541	14:30.1	137	2:56.5	230	<b>908</b>	31.1	436	27:31.0	56	3:48.3	254	<b>746</b>	0:56:46.0	<b>78</b>	<b>2833</b>	
9	1999	m	Schuster, Hans-Jürgen	1	9.6	439	5:35.3	342	1:18.5	225	<b>1006</b>	36.5	1	14:11.3	160	3:45.2	14	<b>175</b>	35.2	262	20:17.5	412	3:32.3	353	<b>1027</b>	0:49:36.0	<b>220</b>	<b>2428</b>	
9	1999	m	Georgi, Gotthard	1	9.9	394	6:19.4	182	1:16.5	258	<b>834</b>	15.5	430	14:17.2	153	3:13.5	125	<b>708</b>	32.5	372	25:23.5	126	4:14.9	126	<b>624</b>	0:52:09.0	<b>161</b>	<b>2327</b>	
9	1999	m	Neumann, Christian	1	9	537	5:38.9	327	1:13.4	313	<b>1177</b>	14.2	563	12:47.8	287	2:54.5	244	<b>1094</b>										<b>2271</b>	
9	1999	m	Polleschner, Gerhard	1	10.1	366	6:13.0	203	1:22.8	162	<b>731</b>	16.8	315	13:10.3	249	3:17.4	105	<b>669</b>	36	233	22:15.6	283	4:14.7	127	<b>643</b>	0:49:55.0	<b>212</b>	<b>2255</b>	
9	1999	m	Rosenau, Thorsten	1	9.2	503	6:38.6	128	1:23.8	149	<b>780</b>	15.8	402	14:59.1	104	3:30.5	52	<b>558</b>	35.1	266	25:24.4	126	4:12.1	138	<b>530</b>	0:53:42.0	<b>130</b>	<b>1998</b>	
8	1998	m	Deinlein, Uwe	1	9.1	520	5:15.6	429	1:11.9	341	<b>1290</b>	14.9	489	10:58.8	508	2:39.5	366	<b>1363</b>	31.9	398	18:55.8	517	3:27.0	389	<b>1304</b>	0:38:58.3	<b>563</b>	<b>4520</b>	
8	1998	m	Brauns, Jobst	1	10.1	665	6:41.1	367	1:27.7	339	<b>1371</b>	17.1	580	14:31.8	385	3:25.8	286	<b>1251</b>	34.7	569	24:21.5	434	4:27.8	304	<b>1307</b>	0:51:02.0	<b>453</b>	<b>4382</b>	
8	1998	m	Neumann, Christian	1	8.9	554	5:31.3	359	1:11.3	353	<b>1266</b>	14.2	563	12:15.0	347	2:47.1	301	<b>1211</b>	30.4	470	22:11.9	286	3:46.6	264	<b>1020</b>	0:45:23.0	<b>337</b>	<b>3834</b>	
8	1998	m	Straube, Horst	1	11.4	477	6:44.4	356	1:34.4	241	<b>1074</b>	20	346	14:02.0	436	3:31.5	250	<b>1032</b>	42.2	283	23:37.3	480	4:19.8	346	<b>1109</b>	0:47:46.0	<b>553</b>	<b>3768</b>	
8	1998	m	Stecklina, Bodo	1	10.1	665	5:54.0	554	1:22.8	422	<b>1641</b>	16.9	599	12:33.3	606	3:00.5	474	<b>1679</b>											<b>3320</b>
8	1998																												

Lauf	Datum	m/w	Name, Vorname	AF	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt	
7	1997	m	Gökel, Norbert	1	9.4	471	6:13.0	203	1:21.5	180	<b>854</b>	15.7	411	13:23.3	229	3:04.9	174	<b>814</b>	33.5	329	25:33.0	120	4:01.4	186	<b>635</b>	0:56:41.2	<b>79</b>	<b>2382</b>	
7	1997	m	Forth, Manfred	1	8.7	590	6:17.1	190	1:13.4	313	<b>1093</b>								30.2	480	25:45.0	112	4:01.4	186	<b>778</b>			<b>1871</b>	
7	1997	m	Brauns, Jobst	1	9.6	439	6:43.0	117	1:24.4	141	<b>697</b>																	<b>697</b>	
6	1996	m	Platta, Mario	1	8.4	644	4:49.1	562	1:00.5	600	<b>1806</b>	13.1	689	10:43.7	544	2:20.0	561	<b>1794</b>	26.5	682	19:03.0	507	3:01.0	592	<b>1781</b>	0:38:11.0	<b>595</b>	<b>5976</b>	
6	1996	m	Stecklina, Bodo	1	9.9	696	5:51.1	567	1:21.9	438	<b>1701</b>	16.7	617	12:20.0	634	2:57.9	496	<b>1747</b>	34.8	565	21:01.0	661	3:44.5	563	<b>1789</b>	0:43:46.0	<b>690</b>	<b>5927</b>	
6	1996	m	Schuster, Hans-Jürgen	1	8.8	572	5:12.0	446	1:08.0	422	<b>1440</b>	14.3	552	10:59.6	506	2:31.2	444	<b>1502</b>	29.3	526	19:02.0	508	3:09.4	521	<b>1555</b>	0:40:08.0	<b>518</b>	<b>5015</b>	
6	1996	m	Straube, Horst	1	11	532	6:33.5	395	1:31.9	276	<b>1203</b>	18.2	485	13:15.0	522	3:06.0	429	<b>1436</b>	38	431	22:24.0	561	4:04.3	435	<b>1427</b>	0:45:07.0	<b>642</b>	<b>4708</b>	
6	1996	w	Kus, Ute	1	10.1	540	6:08.0	470	1:19.4	418	<b>1428</b>	17.7	398	12:50.0	569	3:01.0	447	<b>1414</b>	34.2	491	22:14.0	568	3:51.2	518	<b>1577</b>			<b>4419</b>	
6	1996	m	Deinlein, Uwe	1	8.9	554	5:20.4	407	1:11.9	341	<b>1302</b>	15.3	449	11:06.3	491	2:43.7	329	<b>1269</b>	32.4	376	18:49.0	526	3:28.0	382	<b>1284</b>	0:40:00.0	<b>523</b>	<b>4378</b>	
6	1996	m	Bauer, Hardy	1	9.3	487	6:05.2	228	1:18.8	220	<b>935</b>	18	224	13:15.0	242	2:58.0	219	<b>685</b>	34	308	23:22.0	220	3:47.0	262	<b>790</b>	0:51:16.0	<b>180</b>	<b>2590</b>	
6	1996	m	Brauns, Jobst	1	10	380	6:38.5	129	1:22.7	163	<b>672</b>	16.3	357	14:31.9	134	3:21.7	86	<b>577</b>	33.1	346	23:53.0	194	4:27.2	82	<b>622</b>	0:52:32.0	<b>153</b>	<b>2024</b>	
6	1996	m	Forth, Manfred	1	8.6	608	6:27.1	160	1:15.0	284	<b>1052</b>	14	585	14:40.0	125	3:09.0	150	<b>860</b>											<b>1912</b>
6	1996	m	Röder, Dirk	1	8.9	554	6:04.2	232	1:09.4	392	<b>1178</b>																		<b>1178</b>
6	1996	m	Röder, Klaus	1	9.4	471	6:11.1	209	1:16.3	261	<b>941</b>																		<b>941</b>
6	1996	m	Georgi, Gotthard	1															30.8	450	23:26.0	217	3:53.7	225	<b>892</b>			<b>892</b>	
6	1996	w	Amsel, Daniela	1	11.5	347	8:26.7	74	1:46.6	66	<b>487</b>																		<b>487</b>
5	1995	m	Straube, Horst	1	11	532	6:04.8	508	1:25.8	370	<b>1410</b>	19.1	413	12:42.8	586	3:10.2	396	<b>1395</b>	38.2	423	21:38.5	615	4:04.4	434	<b>1472</b>	0:45:12.0	<b>639</b>	<b>4916</b>	
5	1995	m	Stecklina, Bodo	1	10.6	298	5:54.8	265	1:17.7	238	<b>801</b>	17.1	291	11:59.8	377	2:52.7	257	<b>925</b>	34.8	277	21:28.7	331	3:48.5	253	<b>861</b>	0:43:03.0	<b>413</b>	<b>3000</b>	
5	1995	m	Röder, Klaus	1	9.8	409	6:03.5	234	1:15.4	277	<b>920</b>	16.2	366	13:55.5	181	2:59.9	206	<b>753</b>	33	350	24:19.2	173	3:51.6	236	<b>759</b>	0:52:12.0	<b>160</b>	<b>2592</b>	
5	1995	m	Bentner, Dieter	1								15.6	420	11:34.5	429	2:44.4	323	<b>1172</b>	33.5	329	19:27.1	475	3:29.4	372	<b>1176</b>			<b>2348</b>	
5	1995	m	Röder, Dirk	1	8.6	608	5:57.7	255	1:07.7	428	<b>1291</b>	14.8	499	18:26.5	1	2:56.8	227	<b>727</b>											<b>2018</b>
5	1995	m	Bauer, Hardy	1								16.8	315	13:03.7	260	3:02.6	188	<b>763</b>	33.3	337	22:28.7	270	3:46.3	266	<b>873</b>			<b>1636</b>	
5	1995	m	Tiffert, Udo	1															29.5	515	18:29.5	553	3:12.8	494	<b>1562</b>			<b>1562</b>	
5	1995	m	Stoppe, Bernd	1	8.8	572	5:23.3	394	1:06.4	457	<b>1423</b>																		<b>1423</b>
5	1995	m	Brauns, Jobst	1								15.6	420	14:09.1	163	3:23.1	80	<b>663</b>	32.3	380	24:31.6	163	4:39.4	47	<b>590</b>			<b>1253</b>	
5	1995	m	Forth, Manfred	1	8.7	590	6:33.5	142	1:13.4	313	<b>1045</b>																		<b>1045</b>
5	1995	m	Müller, Frank	1								14.3	552	13:29.2	220	3:13.2	127	<b>899</b>											<b>899</b>
5	1995	w	Stoppe, Carolin	1	13	188	8:37.7	57	1:51.5	35	<b>280</b>																		<b>280</b>
4	1994	m	Hintz, Rene	1	8.1	702	5:04.0	485	1:06.0	466	<b>1653</b>	13.6	630	10:58.3	509	2:28.9	466	<b>1605</b>											<b>3258</b>
4	1994	m	Röder, Dirk	1	8.5	626	6:08.5	217	1:11.8	343	<b>1186</b>	14.3	552	15:11.2	92	2:49.2	284	<b>928</b>	30.5	465			3:41.4	295	<b>760</b>			<b>2874</b>	
4	1994	m	Stecklina, Bodo	1	10.6	298	6:02.3	238	1:22.4	168	<b>704</b>	17	299	12:36.6	307	2:57.8	220	<b>826</b>	33.7	321	21:22.5	338	3:48.0	256	<b>915</b>	0:44:59.0	<b>349</b>	<b>2794</b>	
4	1994	m	Röder, Klaus	1	9.7	424	6:10.0	212	1:13.0	320	<b>956</b>	15.2	459	13:47.2	193	2:51.7	265	<b>917</b>	31.7	408	26:13.3	95	3:50.6	241	<b>744</b>			<b>2617</b>	
4	1994	m	Straube, Horst	1	11.5	195	6:17.0	190	1:30.0	80	<b>465</b>	18	224	12:28.2	322	3:08.8	151	<b>697</b>	39.6	125	21:29.5	330	4:12.0	138	<b>593</b>	0:45:11.0	<b>343</b>	<b>2098</b>	
4	1994	m	Stoppe, Bernd	1								14	585	11:45.9	405	2:35.6	401	<b>1391</b>											<b>1391</b>
4	1994	m	Lotzmann, Manfr.	1								14.9	489	14:53.1	110	3:25.2	71	<b>670</b>	31.6	412	28:04.0	42	4:46.1	32	<b>486</b>			<b>1156</b>	
4	1994	w	Amsel, Daniela	1	11	411	8:37.7	57	1:50.3	42	<b>510</b>	18.6	328			3:57.0	105	<b>433</b>					5:18.8	101	<b>101</b>				<b>1044</b>
4	1994	m	Müller, Frank	1								14.7	509	13:51.0	188	3:01.5	196	<b>893</b>											<b>893</b>
4	1994	m	Forth, Manfred	1															29.6	510	24:39.8	157	4:14.0	130	<b>797</b>			<b>797</b>	
3	1993	m	Müller, Frank	1	9.2	503	5:54.2	267	1:10.6	367	<b>1137</b>	15.6	420	13:50.2	189	3:26.6	66	<b>675</b>	31.4	422	25:29.2	123	4:53.0	20	<b>565</b>	0:47:09.0	<b>285</b>	<b>2662</b>	
3	1993	m	Brauns, Jobst	1	9.3	487	6:21.3	177	1:23.1	158	<b>822</b>	15.5	430	13:29.5	219	3:07.2	160	<b>809</b>	32.2	385	23:18.4	223	4:07.4	158	<b>766</b>	0:47:55.0	<b>264</b>	<b>2661</b>	
3	1993	m	Forth, Manfred	1	8.6	608	5:59.3	249	1:13.5	311	<b>1168</b>																		<b>1168</b>
3	1993	m	Röder, Klaus	1	9.9	394	6:06.0	226	1:16.8	253	<b>873</b>																		<b>873</b>
3	1993	m	Straube, Horst	1															38.1	166	21:08.4	353	4:01.1	187	<b>706</b>			<b>706</b>	
2	1992	m	Martin, Erhard	1	9.2	503	5:36.2	338	1:14.7	289	<b>1130</b>	14.7	509	11:45.0	407	2:46.1	309	<b>1225</b>	31.8	403	20:36.0	390	3:48.0	256	<b>1049</b>	0:42:30.7	<b>431</b>	<b>3835</b>	
2	1992	m	Forth, Manfred	1	8.6	608	5:56.5	259	1:12.2	336	<b>1203</b>	13.4	653	13:30.0	218	2:45.6	313	<b>1184</b>	29.8	500	24:34.0	161	4:01.0	188	<b>849</b>			<b>3236</b>	
2	1992	m	Röder, Klaus	1	9.5	455	5:50.6	281	1:14.5	293	<b>1029</b>	15.2	459	12:45.0	292	2:51.2	269	<b>1020</b>	32.6	367	22:58.0	242	3:42.0	291	<b>900</b>	0:48:46.5	<b>241</b>	<b>3190</b>	
2	1992	m	Lotzmann, Manfr.	1	8.9	554	6:54.5	91	1:16.8	253	<b>898</b>	14.5	530	15:36.0	69	3:09.4	147	<b>746</b>	30.3	475	27:09.0	66	4:30.0	73	<b>614</b>			<b>2258</b>	
2	1992	m	Brauns, Jobst	1								15	479	13:33.0	214	3:11.0	138	<b>831</b>	31.8	403	23:45.0	201	4:18.0	114	<b>718</b>			<b>1549</b>	
2	1992	m	Bauer, Hardy	1															34.5	289	21:10.0	352	3:35.2	334	<b>975</b>			<b>975</b>	
2	1992	m	Giersberg, Erhard	1								15.7	411	12:37.0	306	2:58.7	214	<b>931</b>											<b>931</b>
2	1992	m	Kurkotow, Johan.	1	10.3	338	6:14.4	198	1:18.3	228	<b>764</b>																		<b>764</b>
1	1991	w	Illing, Annette	1	10.5	480	6:18.0	430	1:21.4	382																			