

Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt	
28	2018	m	Jokisch, Georg	7.8	762	5:09.2	460	0:58.9	642	1864	12.3	789	11:19.6	461	2:30.9	447	1697	25.6	737	20:04.2	429	3:17.3	459	1625	0:43:09.2	409	5595	
28	2018	m	Köhler, Alexander	8.3	663	5:25.0	386	1:09.2	396	1445	13.2	677	12:22.3	333	2:37.5	384	1394	27.2	641	21:20.6	340	3:32.9	349	1330	0:42:51.3	419	4588	
28	2018	m	Röder, Steffen	7.5	824	5:41.8	315	1:03.0	537	1676	13	701	13:09.4	251	2:42.7	338	1290	26.8	665	24:24.1	169	3:42.0	291	1125	0:51:37.5	172	4263	
28	2018	m	Sonntag, Steven	7.7	782	5:50.2	282	1:07.1	441	1505	13.7	618	13:05.2	258	2:49.8	279	1155	28.8	552	23:07.2	234	3:48.5	253	1039	0:47:56.0	263	3962	
28	2018	w	Engwicht, Emilia	9.9	571	8:16.1	92	1:31.6	223	886	16.9	467	19:25.3	51	4:05.6	73	591	35.7	426	33:23.1	56	5:27.5	77	559	1:13:38.0	37	2073	
28	2018	m	Sonntag, Mario	7.9	741	6:35.0	138	1:25.3	130	1009	16.3	357	15:18.7	84	3:25.6	70	511	34.9	273	26:53.7	73	4:21.4	102	448			1968	
28	2018	m	Röder, Dirk	10.4	324	7:44.9	14	1:26.0	122	460	16.6	331	17:43.6	3	3:53.8	3	337											797
28	2018	m	Engwicht, Jakob	10.4	324	7:42.4	17	1:39.6	15	356	18.2	211	18:03.2	1	3:55.6	1	213	39.7	122	29:02.2	22	5:19.1	1	145				714
28	2018	m	Jokisch, Lutz	9.3	487	7:06.9	66	1:26.8	113	666																		666
28	2018	m	Schneider, Tina	11.6	185	8:24.4	1	1:44.1	2	188	19.7	122	18:02.0	1	4:16.0	1	124	41.9	73			5:27.1	1	74				386
28	2018	m	Brauns, Jobst	11.6	185	9:09.1	1	2:13.7	1	187	19.9	113	19:39.4	1	5:00.8	1	115	44.1	36	35:18.0	1	6:15.5	1	38	1:16:23.0	1		341
28	2018	m	Polleschner, Gerhardt	12.0	147	8:30.3	1	1:55.5	1	149	21.4	51	17:45.6	2	4:20.8	1	54	51.1	1	31:08.2	1	6:10.6	1	3	1:09:30.0	1		207
28	2018	m	Sonntag, Mario									14:27.5	140				140											140
27	2017	m	Jokisch, Georg	7.9	741	5:01.2	499	0:56.8	699	1939	12.9	713	11:07.7	488	2:23.6	521	1722	25.9	719	19:45.2	452	3:09.1	524	1695	0:40:00.9	522	5878	
27	2017	m	Kuchta, Alex	8.8	572	4:51.6	549	1:00.9	589	1710	13.8	607	10:39.3	554	2:18.5	577	1738	27.8	607	18:34.5	546	3:01.0	592	1745	0:38:04.9	599	5792	
27	2017	m	Köhler, Alexander	8.0	721	5:03.1	490	0:59.0	639	1850	12.9	713	11:21.9	456	2:24.1	516	1685	26.4	688	19:36.9	463	3:13.3	490	1641	0:40:38.8	498	5674	
27	2017	m	Duschka, Kay	9.0	537	5:07.0	470	1:08.0	422	1429	15.0	479	11:12.7	476	2:34.1	415	1370	31.7	408	19:10.6	497	3:24.3	408	1313	0:39:22.9	547	4659	
27	2017	m	Röder, Steffen	8.1	702	5:46.1	298	1:05.7	473	1473	13.5	641	13:36.2	209	2:42.0	344	1194	27.1	647	23:13.0	228	3:37.2	321	1196	0:47:16.7	281	4144	
27	2017	m	Münke, JeanLuis	7.7	782	5:02.8	491	0:56.1	718	1991	12.3	789	11:46.5	404	2:25.3	503	1696											3687
27	2017	m	Stenzel, Ingo	9.2	503	5:32.7	353	1:11.4	351	1207	14.8	499	11:46.3	404	2:45.3	316	1219	30.9	445	20:35.0	392	3:34.2	340	1177	0:43:32.3	396	3999	
27	2017	m	Sonntag, Steven	8.4	644	5:51.4	278	1:07.1	441	1363	14.1	573	13:04.7	258	2:50.1	277	1108	28.5	568	23:39.5	205	3:46.9	262	1035	0:48:27.7	249	3755	
27	2017	m	Kretschmer, Marko	8.6	608	5:56.7	258	1:08.9	402	1268	14.1	573	12:52.8	278	2:53.3	253	1104	29.2	531	22:53.8	246	3:40.8	298	1075	0:46:40.0	299	3746	
27	2017	m	Reinhardt, Ralf	9.0	537	6:02.3	238	1:12.8	324	1099	14.8	499	13:39.6	204	3:06.2	166	869	30.1	485	24:44.2	154	4:05.0	169	808	0:50:45.4	192	2968	
27	2017	m	Pehla, Frank	9.1	520	5:58.9	250	1:17.4	243	1013	15.9	392	12:57.0	271	3:05.0	173	836	33.2	341	23:05.1	235	4:05.8	165	741	0:47:45.9	268	2858	
27	2017	w	Vogt, Carola	11.2	385	7:16.4	232	1:31.8	220	837	18.3	350	15:36.1	283	3:35.4	209	842	38.4	322	27:09.6	276	4:43.6	230	828	0:55:53.0	331	2838	
27	2017	w	Engwicht, Emilia	10.2	525	7:44.6	158	1:27.8	277	960	16.8	475	18:08.4	108	3:53.4	120	703	34.8	464	32:07.2	88	5:07.7	136	688				2351
27	2017	m	Altnickel, Jens	9.4	471	6:34.7	139	1:22.0	173	783	15.3	449	14:46.7	117	3:11.9	133	699	32.6	367	25:44.5	113	4:08.6	152	632	0:50:57.0	187	2301	
27	2017	m	Czentarra, Andreas	9.0	537	6:06.8	223	1:13.0	320	1080								32.1	389	23:46.3	199	4:04.2	172	760				1840
27	2017	m	Sonntag, Mario	9.9	394	6:50.3	100	1:25.5	128	622	16.0	383	13:39.8	204	3:28.0	61	648	33.9	312	24:44.1	154	4:29.1	76	542				1812
27	2017	w	Stenzel, Sophie	10.9	425	7:21.8	217	1:33.8	194	836	17.6	406	16:01.8	248	3:39.7	185	839											1675
27	2017	w	Schneider, Tina	11.2	385	8:01.7	120	1:22.0	371	876	18.9	306	18:13.1	104	4:09.7	60	470											1346
27	2017	m	Kobel, Roland	10.2	352	7:11.5	58	1:29.2	87	497	16.9	307	15:23.4	80	3:35.9	35	422	36.9	203	26:54.9	73	4:43.8	37	313	0:55:15.3	102	1334	
27	2017	m	Jannaschk, Bernd	10.9	261	7:06.3	67	1:31.5	66	394	21.1	61	15:21.4	82	3:42.2	20	163	41.7	77	27:02.3	69	4:36.4	55	201				758
27	2017	m	Vogt, Volker	9.8	409	6:01.2	242			651																		651
27	2017	m	Engwicht, Jakob	11.4	205	7:29.4	31	1:39.9	14	250	18.9	167	16:38.5	26	3:42.8	19	212	41.8	75	29:13.5	19	4:42.9	39	133				595
27	2017	m	Brauns, Jobst	12.5	105	9:02.8	1	2:02.0	1	107	21.2	58	18:15.4	1	4:30.2	1	60	45.9	16	33:02.1	1	5:59.2	1	18	1:11:31.0	1		186
27	2017	m	Witschas, Lothar										3:42.1	20			20	38.6	152	30:10.7	7	5:28.8	1	160				180
27	2017	m	Biallas, Günther	12.3	121	7:19.0	46	1:42.4	5	172																0:55:07.1	104	276
26	2016	m	Röder, Steffen	7.8	762	5:54.4	267	1:08.7	407	1436	12.9	713	12:46.2	290	2:44.1	326	1329	27	653	23:44.9	201	3:41.6	294	1148	0:49:17.7	227	4140	
26	2016	m	Sonntag, Steven	8.4	644	6:01.7	240	1:12.7	326	1210	13.5	641	13:28.6	220	3:02.3	190	1051	28.8	552	23:52.0	195	3:57.0	207	954	0:49:43.4	217	3432	
26	2016	m	Wolf, Heiko	8.5	626	6:15.8	194	1:23.7	150	970	13.5	641	13:48.5	191	3:17.4	105	937	30.2	480	24:35.5	160	4:04.1	173	813	0:49:43.0	217	2937	
26	2016	m	Röder, Jan	8.7	590	5:59.1	250	1:17.9	235	1075	14.5	530	13:24.9	226	2:49.9	279	1035	30.9	445	27:23.0	59	4:14.9	126	630				2740
26	2016	m	Reinhardt, Ralf	8.9	554	6:17.2	189	1:23.7	150	893	14	585	13:48.5	191	3:17.3	106	882	30.7	455	24:35.5	160	4:13.5	132	747	0:49:52.5	213	2735	
26	2016	w	Podlesch, Katharina	9.9	571	7:46.3	154	1:44.4	83	808	16.1	540			4:18.0	38	578	34.5	477			5:16.4	108	585				1971
26	2016	w	Engwicht, Emilia	10.6	466	8:10.4	103	1:37.6	149	718	17	458	17:32.0	142	4:17.5	39	639	36.5	394	31:40.6	100	5:25.3	83	577				1934
26	2016	m	Podlesch, Florian	8.9	554	6:26.0	163	1:22.8	162	879	15.5	430	16:19.0	37	3:33.2	43	510	34.1	304	31:04.2	1	4:42.6	40	345				1734
26	2016	m	Sonntag, Mario und Willi	9.8	409	6:45.8	111	1:30.0	80	600	18.5	191	15:51.0	57	3:36.0	35	283	35.7	244			4:27.8	80	324				1207
26	2016	w	Röder, Daniela	11.4	360	8:24.7	77	1																				

Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
25	2015	m	Altnickel, Jens	8.9	554	6:30.3	151	1:19.7	206	911	14.4	541	14:18.4	151	3:14.6	119	811	31.4	422	25:12.3	134	4:13.0	134	690	0:52:37.8	151	2563
25	2015	m	Reinhardt, Ralf	8.6	608	6:12.5	204	1:20.0	202	1014	14.8	499	14:18.1	151	3:12.3	131	781	30.8	450			4:10.2	146	596	0:52:59.0	144	2535
25	2015	m	Röder, Jan	8.8	572	6:41.9	120	1:22.1	172	864	15	479	15:34.5	70	3:32.2	46	595	31.1	436	27:03.0	69	4:37.4	52	557		2016	
25	2015	m	Deinlein, Uwe	10.5	311	5:59.3	249	1:24.3	143	703	16.1	374	12:52.7	279	3:05.1	173	826								0:45:44.5	326	1855
25	2015	m	Kobel, Roland	10.3	338	7:07.5	65	1:31.2	69	472	17.3	275	15:26.6	77	3:40.7	23	375	38.7	149	26:25.6	88	4:48.5	28	265	0:57:14.3	71	1183
25	2015	m	Wagner, Ronald	11.3	216	6:44.4	114	1:25.0	134	464	18.1	218	15:02.5	100	3:28.1	60	378	38.1	166	27:27.0	57	4:41.5	42	265		1107	
25	2015	m	Czentarra, Andreas	8.9	554	5:52.5	274	1:17.3	244	1072																1072	
25	2015	m	Sonntag, Mario	10.7	286	7:02.2	75	1:36.7	29	390	17.6	253			3:28.0	61	314	37.7	178			4:26.7	84	262		966	
25	2015	m	Heimbach, Christoph	12.6	98	7:05.3	69	1:42.3	6	173	42.4	1					1									174	
24	2014	m	Reinhardt, Jonas	8.1	702	5:07.0	470	1:02.7	544	1716	13.1	689	11:56.5	383	2:31.8	438	1510	26.4	688	20:56.1	367	3:18.5	450	1505		4731	
24	2014	m	Rehnus, Tobias	8	721	5:09.5	458	1:04.3	506	1685	13.4	653	12:11.9	353	2:42.8	337	1343	26.7	671	21:41.0	318	3:41.8	292	1281	0:48:24.1	250	4559
24	2014	m	Sonntag, Steven	7.8	762	5:46.9	295	1:07.4	435	1492	13.4	653	12:57.9	270	2:45.7	312	1235	27.8	607	22:35.7	263	3:42.1	290	1160	0:47:31.7	274	4161
24	2014	m	Röder, Steffen	7.9	741	5:46.8	296	1:09.7	386	1423	13.3	665	13:17.3	238	2:50.2	276	1179	27.3	636	23:18.1	224	3:59.9	193	1053		3655	
24	2014	m	Stubning, Damian	7.7	782	5:58.0	254	1:05.7	473	1509	12.7	738	13:15.6	241	2:48.5	290	1269									2778	
24	2014	m	Pehla, Frank	9.1	520	6:24.6	167	1:22.8	162	849	15.7	411	13:23.1	229	3:03.8	181	821	32.2	385	22:47.9	251	3:57.5	205	841	0:48:01.2	261	2772
24	2014	m	Deinlein, Uwe	9.5	455	6:10.2	212	1:21.6	179	846	16	383	12:47.5	288	3:05.5	170	841	35.6	248	21:49.1	310	4:05.5	166	724	0:45:18.8	339	2750
24	2014	m	Röder, Jan	8.5	626	6:22.4	173	1:31.8	64	863	14.9	489	15:33.4	71	3:33.7	42	602	31.6	412	27:29.9	56	4:12.3	137	605		2070	
24	2014	m	Katoll, Claus	10	380	6:22.7	172	1:22.0	173	725								35.7	244	23:31.4	212	4:12.5	136	592	0:48:46.6	241	1558
24	2014	m	Witschas, Lothar	10	380	7:05.0	70	1:34.8	41	491	17.4	268	16:37.4	26	3:52.3	4	298	39.3	132	29:34.4	14	5:05.5	5	151	1:00:59.0	28	968
24	2014	m	Materne, Ingo	10.1	366	7:32.6	27	1:38.6	19	412	22.5	21	15:13.3	90	3:37.5	31	142	48.8	1	25:42.2	114	4:39.5	47	162	0:54:21.5	117	833
24	2014	m	Kobel, Roland	9.8	409	7:05.3	69	1:27.0	111	589					3:51.1	5	5	45.1	24					24		618	
24	2014	m	Heimbach, Christoph	12	147	7:13.6	54	1:47.5	1	202	20.9	69	15:10.9	92	3:51.8	5	166	45.5	19	25:40.4	115	5:15.6	1	135	0:55:03.5	105	608
24	2014	m	Brauns, Jobst	10.1	366	8:42.8	1	2:03.5	1	368	18.5	191	18:43.8	1	4:28.3	1	193	47.1	6	30:31.1	4	6:00.7	1	11	1:05:23.0	2	574
23	2013	m	Sonntag, Steven	7.9	741	5:33.1	351	1:03.9	515	1607	13.6	630	12:18.1	341	2:42.1	343	1314	27.8	607	21:41.7	317	3:36.3	327	1251	0:45:34.0	331	4503
23	2013	m	Wenzke, Jörg	8.4	644	5:44.4	305	1:06.8	448	1397	13.9	596	12:58.2	269	2:44.9	319	1184	28.6	563	22:37.4	261	3:43.9	280	1104	0:47:36.0	272	3957
23	2013	m	Stenzel, Ingo	9.2	503	5:28.1	373	1:11.4	351	1227	14.6	520	11:51.1	394	2:42.4	340	1254	31.7	408	20:47.9	377	3:40.3	301	1086	0:44:19.0	371	3938
23	2013	m	Röder, Steffen	8.6	608	6:00.3	245	1:07.5	433	1286	14.2	563	14:08.4	164	2:56.5	230	957	28.9	547	23:36.9	207	3:45.2	272	1026		3269	
23	2013	m	Schmidt, Stephan	10.2	352	5:36.5	337	1:13.4	313	1002	16.6	331	12:23.9	330	2:48.2	292	953	34.3	297	21:20.6	340	3:50.4	243	880	0:44:55.0	351	3186
23	2013	m	Röder, Jan	9	537	6:24.8	166	1:24.8	136	839	14.7	509	14:53.5	110	3:27.5	62	681	31.1	436	24:40.2	157	4:20.8	104	697		2217	
23	2013	m	Deinlein, Uwe	9.6	439	5:53.1	272	1:17.2	246	957								33.6	325	21:34.0	326	3:53.4	226	877	0:45:55.0	321	2155
23	2013	m	Kobel, Roland	10	380	6:56.6	86	1:25.3	130	596	19.9	113	15:08.4	94	3:30.8	51	258	36.2	227	24:45.2	153	4:24.8	90	470	0:53:27.0	134	1458
23	2013	m	Brauns, Jobst	10.9	261	8:16.0	1	1:48.3	1	263	17.9	231	17:37.3	4	4:33.3	1	236	48.1	2	30:23.0	5	5:52.6	1	8	1:06:12.0	1	508
23	2013	m	Materne, Ingo	11.1	238	7:12.4	56	1:29.1	88	382																382	
23	2013	m	Polleschner, Gerhard								19.5	133	15:34.2	70	3:48.8	8	211	42.4	63	27:14.1	63	5:07.9	3	129	1:00:21.0	34	374
22	2012	m	Stenzel, Ingo	9.1	520	5:21.8	401	1:08.0	422	1343	16.5	340	11:40.9	415	2:38.3	376	1131	31.2	431	20:51.1	373	3:26.2	394	1198	0:42:46.8	422	4094
22	2012	m	Sonntag, Steven	8.2	682	5:41.0	319	1:06.1	464	1465	13.6	630	12:33.5	313	2:41.0	352	1295	28.4	574	23:33.5	210	3:52.2	233	1017	0:48:32.0	247	4024
22	2012	m	Wenzke, Jörg	8.5	626	5:42.6	312	1:07.2	439	1377	13.7	618	12:44.9	292	2:49.3	283	1193	28.7	558	23:13.8	228	3:44.0	279	1065	0:46:27.0	305	3940
22	2012	m	Löffler, Steffen	8.8	572	5:38.6	328	1:09.6	388	1288	15.1	469	12:14.2	349	2:47.5	298	1116	31.3	426	21:31.2	329	3:47.2	261	1016	0:45:00.1	349	3769
22	2012	m	Stenzel, Max	9.1	520	5:57.6	255	1:09.3	394	1169	15.5	430	13:08.6	252	3:00.0	205	887	30.7	455	23:50.6	196	3:52.7	230	881	0:49:51.1	213	3150
22	2012	m	Deinlein, Uwe	9.7	424	6:20.7	178	1:18.6	223	825	16.7	323	12:35.5	309	2:58.0	219	851	33	350	21:44.2	315	3:56.3	211	876	0:45:27.2	335	2887
22	2012	m	Kobel, Roland	9.9	394	6:48.1	105	1:25.7	125	624	17	299	14:46.3	118	3:30.0	54	471	34.6	285	25:48.1	110	4:39.0	48	443	0:54:20.6	118	1656
22	2012	m	Materne, Ingo	10.5	311	6:37.4	132	1:28.0	100	543	18.6	185	14:15.7	154	3:16.1	112	451									994	
22	2012	w	Stenzel, Gritt	11.5	347	6:43.5	336	1:28.0	274	957																957	
22	2012	m	Röder, Dirk	9.3	487	6:45.3	112	1:20.5	194	793																793	
22	2012	m	Barz, Hans-Jürgen	11.9	156	7:03.6	72	1:33.2	52	280	19	161	15:30.9	73	3:34.0	41	275	39.5	127	29:03.5	22	4:57.2	14	163	1:00:55.0	28	746
21	2011	m	Sonntag, Steven	8.6	608	5:32.0	356	1:10.5	369	1333	13.1	689	12:38.1	304	2:43.1	334	1327	27.3	636	21:54.7	304	3:33.3	346	1286	0:45:48.5	324	4270
21	2011	w	Redantz, Anke	10	555	6:43.9	335	1:25.7	310	1200	16.5	503	14:02.0	433	3:22.3	289	1225	37.3	363	24:17.0	434	4:12.4	388	1185	0:49:15.4	516	4126
21	2011	w	Kus, Ute	11.4	360	6:50.7	312	1:30.3	241	913	18.3	350	14:13.0	414	3:28.9	247	1011	38.7	311	2							

Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt
20	2010	m	Sonntag, Steven	7.8	762	5:29.9	365	1:05.5	477	1604	13.9	596	12:33.6	312	2:41.5	348	1256	28.4	574	22:23.3	275	3:36.6	325	1174	0:47:11.8	283	4317
20	2010	m	Wenzke, Jörg	7.8	762	5:44.3	305	1:09.0	400	1467	14.1	573	12:37.6	305	2:44.4	323	1201	29.3	526	22:53.0	247	3:55.9	213	986	0:45:48.5	324	3978
20	2010	m	Reinhardt, Ralf	8.6	608	5:41.2	318	1:06.9	446	1372	13.6	630	12:45.8	291	2:44.6	322	1243	28.1	590	22:56.4	243	3:54.3	221	1054	0:46:42.5	297	3966
20	2010	w	Kus, Ute	10.4	495	6:51.1	310	1:28.3	270	1075	18	374	14:29.4	386	3:27.8	254	1014	38.9	304	24:48.7	403	4:23.9	325	1032	0:51:18.0	455	3576
20	2010	m	Böttcher, Björn	9.3	487	5:44.5	305	1:14.6	291	1083	15.5	430	13:04.0	260	2:58.2	218	908	31.6	412	22:36.4	262	4:00.4	190	864	0:45:33.0	332	3187
20	2010	m	Wagner, Roland	9.4	471	5:49.1	287	1:15.9	268	1026	16.3	357	13:40.9	202	3:00.5	202	761	33.6	325	23:39.6	205	3:58.7	199	729	0:51:54.0	166	2682
20	2010	m	Katoll, Claus	10.2	352	6:09.9	213	1:16.9	251	816	16.7	323	13:52.1	186	3:05.8	168	677	34.9	273	22:58.5	241	4:06.4	162	676	0:46:57.9	290	2459
20	2010	m	Altnickel, Jens	9.2	503	6:14.9	196	1:15.6	273	972	15.5	430	14:31.9	134	3:08.3	154	718	35.7	244	25:07.8	137	4:09.1	150	531	0:52:54.2	145	2366
20	2010	m	Biallas, Günther	11.3	216	6:15.6	194	1:25.6	127	537	17.9	231	13:26.2	224	3:14.2	121	576	38.2	163	23:02.5	238	4:13.2	133	534	0:47:58.8	262	1909
20	2010	m	Kiank, Jens-Uwe	10.1	366	5:47.8	292	1:15.6	273	931	16.9	307	13:09.2	251	3:09.1	149	707										1638
20	2010	w	Katoll, Ines	13.3	162	7:57.8	128	1:40.2	122	412	21.4	152	16:45.6	193	3:59.2	96	441	44.7	135	28:41.5	207	5:06.0	141	483	0:59:10.6	254	1590
20	2010	m	Jannaschk, Bernd	10.6	298	6:31.5	147	1:29.9	81	526	17.4	268	14:45.3	119	3:23.9	76	463	37.2	193	25:15.7	132	4:27.4	81	406	0:52:05.0	162	1557
20	2010	m	Röder, Steffen	10.5	311	6:37.6	131	1:26.5	116	558	17.3	275			3:19.8	94	369	36	233			4:10.3	145	378			1305
20	2010	m	Regehr, Gerhard	11.5	195	6:57.9	84	1:29.5	85	364	19.1	155	15:21.7	82	3:41.6	21	258	40.3	107	25:23.3	126	4:41.9	41	274	0:51:38.9	172	1068
20	2010	m	Heimbach, Christoph	13.5	43	6:47.3	107	1:39.8	14	164	21.4	51	14:39.9	125	3:36.3	34	210	44.7	28	24:38.0	158	4:51.2	23	209	0:51:15.3	181	764
20	2010	m	Prescher, Thomas	12.2	129	7:18.7	46	1:36.4	31	206	20.8	73	15:51.1	57	3:41.0	22	152	42.5	62	26:32.6	84	4:41.2	43	189	0:55:53.7	91	638
20	2010	m	Georgi, Gotthard	10.5	311	7:40.8	18	1:36.2	32	361	18.5	191	18:50.9	1	4:19.9	1	193										554
20	2010	m	Brauns, Jobst	11.4	205	8:00.0	4	1:47.1	1	210	19.1	155	16:51.1	19	4:08.0	1	175	42	71	29:33.1	15	5:27.6	1	87	0:59:03.9	47	519
20	2010	m	Polleschner, Gerhard	11.7	175	7:04.4	71	1:37.3	26	272	21.2	58	15:58.2	51	3:44.5	15	124	44.4	32	28:25.4	34	5:05.6	5	71			467
20	2010	m	Witschas, Lothar	10.8	273	7:26.2	35	1:26.5	116	424																	424
19	2009	m	Sonntag, Steven	8.2	682	5:25.7	383	1:01.5	574	1639	13.1	689	11:47.7	401	2:40.5	357	1447	27.3	636	21:37.5	322	3:36.0	328	1286	0:45:35.3	331	4703
19	2009	m	Wagner, Ronald	9.9	394	5:53.9	269	1:12.0	340	1003	15.5	430	12:59.3	267	2:58.0	219	916	32.8	358	23:33.8	210	3:56.1	212	780	0:50:32.1	197	2896
19	2009	m	Materne, Ingo	9.6	439	6:20.2	180	1:24.9	135	754	17.4	268	13:27.7	222	3:05.5	170	660	39	140	23:37.7	207	4:03.4	176	523	00:50:04	208	2145
19	2009	m	Kobel, Roland	9.6	439	6:41.2	122	1:20.6	193	754	16.2	366	14:04.0	170	3:17.8	103	639	35.9	237	24:14.5	177	4:10.7	143	557	0:51:41.1	171	2121
19	2009	m	Gruner, Bernd	11.3	216	6:25.3	165	1:27.7	103	484	18	224	13:26.1	224	3:08.3	154	602	38.7	149	23:31.3	212	4:18.0	114	475	0:49:05.1	233	1794
19	2009	m	Röder, Steffen	10.2	352	6:58.4	83	1:33.3	52	487	17.8	238			3:41.2	22	260	38.9	143			4:25.4	88	231			978
19	2009	m	Röder, Dirk	10.2	352	6:20.3	180	1:32.2	60	592																	592
19	2009	m	Röder, Jan	10.6	298	7:36.2	23	1:53.9	1	322	19.6	128			4:01.5	1	129	42.1	69			4:55.2	16	85			536
19	2009	m	Brauns, Jobst																	28:06.4	41			41	0:58:58.9	48	89
18	2008	m	Sonntag, Steven	8.1	702	5:24.6	388	1:04.2	508	1598	13.8	607	11:41.4	414	2:33.1	425	1446	26.3	694	20:39.9	386	3:23.0	417	1497	0:43:56.4	383	4924
18	2008	m	Wagner, Ronald	9.4	471	5:44.5	305	1:11.6	347	1123	16.6	331	13:04.8	258	2:52.2	261	850	30.9	445	22:57.9	242	3:50.5	242	929	0:49:35.0	220	3122
18	2008	m	Reichert, Frank	8.6	608	6:14.2	199	1:09.6	388	1195	14.4	541	14:23.7	144	2:55.8	235	920										2115
18	2008	m	Gruner, Bernd	10.9	261	6:12.4	204	1:24.0	146	611	19	161	13:32.7	214	3:11.0	138	513	37.8	175	23:20.0	222	4:06.7	161	558	0:49:08.7	231	1913
18	2008	m	Barz, Hans-Jürgen	11.4	205	6:53.4	93	1:26.8	113	411	20.5	85	14:28.2	139	3:18.4	101	325	37.3	190	25:06.5	138	4:06.4	162	490	0:54:17.3	119	1345
18	2008	m	Röder, Dirk	9.1	520	6:45.6	111	1:12.6	328	959																	959
18	2008	m	Brauns, Jobst	10.1	366	7:35.8	23	1:34.7	42	431	17.7	246	16:41.1	24	3:56.1	1	271	43.6	43	28:26.2	34	5:04.2	6	83	0:59:01.1	48	833
18	2008	m	Hantke, Carsten	10.2	352	7:17.5	48	1:29.4	86	486	18.5	191	15:53.5	55	3:49.7	7	253										739
17	2007	w	Kus, Ute	10.8	438	6:40.1	348	1:22.0	371	1157	17.6	406	13:52.5	450	3:11.2	367	1223	37.3	363	23:32.3	481	4:10.4	399	1243	0:48:04.0	554	4177
17	2007	m	Löffler, Steffen	8.8	572	5:36.4	337	1:09.7	386	1295	14	585	12:27.5	324	2:47.6	297	1206	32.2	385	21:02.6	360	3:35.6	331	1076	0:43:54.0	384	3961
17	2007	m	Wagner, Ronald	9.8	409	5:41.0	319	1:12.0	340	1068	16	383	12:48.9	285	2:53.7	250	918	33.2	341	23:54.0	193	4:07.0	160	694	0:47:53.0	264	2944
17	2007	m	Kobel, Roland	9.8	409	6:06.4	224	1:16.4	259	892	16.2	366	13:31.0	217	3:04.1	179	762	34.6	285	24:04.0	185	4:05.9	165	635	0:49:17.0	228	2517
17	2007	m	Röder, Dirk	9.1	520	6:38.0	130	1:13.8	305	955	14.6	520	16:33.0	29	2:56.4	230	779	31	440	31:58.0	1	4:03.6	175	616	0:57:42.0	64	2414
17	2007	m	Gruner, Bernd	11.3	216	5:51.9	276	1:19.1	216	708	18.8	173	12:31.9	315	2:56.1	232	720	37.4	187	22:40.7	258	3:54.9	218	663	0:46:34.0	302	2393
17	2007	m	Materne, Ingo	9.8	409	6:19.7	182	1:20.9	189	780	16.4	348	13:15.2	241	3:02.5	189	778	37.3	190					190			1748
17	2007	m	Brauns, Jobst	10.5	311	7:56.6	6	1:39.9	14	331	16.9	307	16:29.0	31	4:00.5	1	339	39.2	135	28:48.1	27	5:20.1	1	163	0:57:48.0	63	896
17	2007	m	Polleschner, Gerh.	10.9	261	6:37.3	132	1:31.5	66	459	18.9	167	14:02.0	172	3:23.7	77	416										875
16	2006	m	Löffler, Steffen	8.8	572	5:33.5	349	1:12.0	340	1261	15.6	420	12:14.0	349	2:48.3	291	1060	33.5	329	20:54.8	369	3:36.3	327	1025	0:44:47.9	355	3701

Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt		
14	2004	m	Biallas, Günther	9.8	409	5:46.2	298	1:08.0	422	1129	16.9	307	12:39.9	301	2:59.0	212	820	35	270	21:32.7	327	3:53.9	224	821	0:45:28.9	334	3104		
14	2004	w	Wolter, Elke	10.9	425	6:53.5	302	1:33.0	204	931	19.2	284	14:30.9	384	3:34.7	213	881	41.1	232	25:11.9	380	4:33.5	276	888	0:53:51.3	383	3083		
14	2004	m	Röder, Dirk	8.7	590	6:05.8	226	1:08.5	411	1227	14.3	552	15:05.9	97	2:43.7	329	978	29.4	520	28:53.0	25	3:59.7	194	739	0:55:53.7	91	3035		
14	2004	m	Brauns, Jobst	9.9	394	7:06.1	68	1:34.1	46	508	16.5	340	15:29.6	74	3:25.0	72	486	36.6	213	27:21.3	60	4:37.5	52	325	0:56:25.7	83	1402		
13	2003	w	Kus, Ute	10.6	466	6:19.3	425	1:19.8	411	1302	17.6	406	13:24.5	501	3:04.8	417	1324	34.4	482	22:24.2	556	3:57.0	481	1519	0:48:29.4	540	4685		
13	2003	m	Deinlein, Uwe	9.6	439	5:34.2	347	1:12.8	324	1110	15.3	449	11:49.6	397	2:41.0	352	1198	31.5	417	20:23.2	406	3:28.6	378	1201	0:41:59.0	450	3959		
13	2003	m	Karsunke, Ralf	8.6	608	5:42.4	313	1:07.1	441	1362	14.8	499	12:30.0	319	2:49.9	279	1097	30	490	21:45.6	313	3:37.3	320	1123	0:44:39.5	360	3942		
13	2003	m	Kobel, Roland	9.4	471	6:03.2	235	1:18.0	233	939	15.6	420	12:50.4	283	2:50.8	272	975	32.6	367	21:35.0	324	3:40.9	298	989	0:45:34.2	331	3234		
13	2003	m	Biallas	10.5	311	5:53.8	269	1:19.2	214	794	16.5	340	12:28.2	322	2:57.3	224	886	33.8	317	21:35.0	324	3:44.1	279	920	0:45:34.2	331	2931		
13	2003	m	Brauns, Jobst	9.6	439	6:30.8	149	1:17.8	236	824	16.9	307	14:36.1	129	3:25.7	69	505	33.4	333	23:56.0	191	4:15.9	122	646	0:51:44.0	170	2145		
13	2003	m	Prescher, Thomas	10.2	352	6:36.0	135	1:24.6	139	626	16.9	307	14:46.8	117	3:13.8	123	547	38.7	149	25:30.2	122	4:16.4	120	391	0:51:24.9	177	1741		
13	2003	m	Rosenau, Thorsten	10.2	352	7:20.9	43	1:30.0	80	475	18.5	191	16:39.1	25	3:42.4	19	235	35.7	244	28:24.6	34	4:41.3	43	321	1:04:11.0	6	1037		
13	2003	m	Röder, Dirk	8.7	590					590																	590		
12	2002	m	Deinlein, Uwe	9.3	487	5:21.8	401	1:15.4	277	1165	15.2	459	11:09.4	484	2:35.6	401	1344	31.1	436	19:05.9	503	3:29.4	372	1311			3820		
12	2002	m	Hintz, Marco	8.6	608	5:08.5	463	1:07.8	426	1497								30.3	475	18:57.3	515	3:24.9	404	1394			2891		
12	2002	m	Brauns, Jobst	9.9	394	6:48.7	104	1:41.3	9	507	16.7	323	14:45.4	119	3:23.3	79	521	35	270	24:54.6	146	4:29.6	74	490	0:52:56.0	145	1663		
12	2002	m	Lorenz, Ronald	9	537	5:52.9	272	1:08.4	413	1222																	1222		
12	2002	m	Hintz, Rene															34.4	293	24:14.2	177	4:16.5	120	590			590		
11	2001	m	Giern, Wolfgang	7.4	845	4:31.1	663	0:55.4	738	2246	12.2	802	9:38.4	711	2:07.5	707	2220	25.1	768	16:42.0	712	2:46.3	725	2205	0:35:48.7	696	7367		
11	2001	m	Weichert, Christ.	7.9	741	4:45.5	582	0:59.1	636	1959	12.8	726	9:54.8	667	2:15.4	613	2006	26.6	676	17:25.4	645	2:54.6	648	1969	0:34:51.3	738	6672		
11	2001	m	Deinlein, Uwe	9.2	503	5:16.4	425	1:10.1	377	1305	14.9	489	11:08.4	486	2:46.4	307	1282	30.7	455	19:37.3	462	3:21.3	430	1347			3934		
11	2001	m	Röder, Dirk	8.9	554	5:21.4	402	1:06.0	466	1422	14.2	563	13:37.4	207	2:39.0	370	1140	29.2	531	25:26.2	125	3:23.2	416	1072	0:49:57.3	211	3845		
11	2001	w	Kus, Ute	10.4	495	6:09.2	465	1:17.6	452	1412								35.5	435	22:28.9	551	3:51.9	514	1500			2912		
11	2001	m	Senczyszyn, Zolt.	8.3	663	4:47.5	571	0:59.8	618	1852																	1852		
11	2001	m	Röder, Klaus	10	380	6:43.6	116	1:21.2	184	680	16.5	340	15:13.3	90	3:13.4	125	555	34.9	273	26:37.7	82	4:10.7	143	498	0:55:30.2	97	1830		
11	2001	m	Brauns, Jobst	10.3	338	7:02.1	75	1:30.9	71	484	15.8	402	15:08.3	95	3:41.6	21	518	33.8	317	25:23.4	126	4:40.5	45	488	0:53:27.4	134	1624		
11	2001	m	Bittermann, Dietm.								13.2	677	11:07.4	488	2:36.4	394	1559											1559	
11	2001	m	Hintz, Marco															28.7	558	22:07.0	291	3:28.7	377	1226			1226		
11	2001	m	Polleschner, Gerh.	10.3	338	6:16.5	191	1:20.7	192	721																		721	
11	2001	m	Bauer, Hardy	10.5	311	6:37.6	131	1:20.2	199	641																		641	
10	2000	w	Huschen, Katrin	10.6	466	5:28.6	645	1:16.6	471	1582	16.1	540	11:59.9	674	2:58.4	469	1683	35.2	447	20:49.0	671	3:34.0	639	1757	0:42:25.0	750	5772		
10	2000	m	Deinlein, Uwe	9.2	503	5:23.9	391	1:14.5	293	1187	14.8	499	11:17.0	467	2:45.0	318	1284	31.3	426	19:13.0	494	3:25.0	403	1323	0:39:56.0	525	4319		
10	2000	m	Neumann, Christ.	9.2	503	5:30.5	362	1:11.4	351	1216	14.1	573	12:19.0	339	2:48.7	288	1200	30.3	475	20:51.0	373	3:32.0	355	1203	0:45:18.0	340	3959		
10	2000	m	Röder, Dirk	9.1	520	5:53.0	272	1:11.6	347	1139	14.9	489	13:29.7	219	2:45.6	313	1021	31.6	412	24:56.0	145	3:31.0	361	918	0:51:37.0	172	3250		
10	2000	m	Biallas, Günther	9.7	424	6:13.0	203	1:21.2	184	811	15.8	402	13:29.2	220	3:07.3	159	781	34.8	277	24:09.0	181	4:05.0	169	627	0:50:38.0	195	2414		
10	2000	m	Brauns, Jobst	10.1	366	6:56.0	88	1:28.6	94	548	16.6	331	14:31.2	135	3:34.1	40	506	34.9	273	24:34.0	161	4:30.0	73	507	0:52:51.0	146	1707		
10	2000	m	Röder, Klaus	11.5	195	6:43.0	117	1:25.0	134	446	17.5	260	14:23.1	145	3:16.1	112	517	35.4	255	25:13.0	133	4:06.0	164	552	0:52:54.0	145	1660		
10	2000	m	Katoll, Claus								15.3	449	11:24.2	451	2:44.8	320	1220											1220	
10	2000	m	Bauer, Hardy	10.9	261	6:20.0	181	1:28.7	92	534																		534	
9	1999	m	Deinlein, Uwe	8.6	608	5:20.9	405	1:17.1	248	1261	15.1	469	11:16.0	469	2:53.9	248	1186	34.1	304	19:23.5	480	3:33.1	347	1131	0:40:53.0	490	4068		
9	1999	m	Röder, Dirk	9.2	503	6:07.3	221	1:10.1	377	1101	14.4	541	14:30.1	137	2:56.5	230	908	31.1	436	27:31.0	56	3:48.3	254	746	0:56:46.0	78	2833		
9	1999	m	Schuster, H.-Jürg.	9.6	439	5:35.3	342	1:18.5	225	1006	36.5	1	14:11.3	160	3:45.2	14	175	35.2	262	20:17.5	412	3:32.3	353	1027	0:49:36.0	220	2428		
9	1999	m	Georgi, Gotthard	9.9	394	6:19.4	182	1:16.5	258	834	15.5	430	14:17.2	153	3:13.5	125	708	32.5	372	25:23.5	126	4:14.9	126	624	0:52:09.0	161	2327		
9	1999	m	Neumann, Christ.	9	537	5:38.9	327	1:13.4	313	1177	14.2	563	12:47.8	287	2:54.5	244	1094											2271	
9	1999	m	Polleschner, Gerh.	10.1	366	6:13.0	203	1:22.8	162	731	16.8	315	13:10.3	249	3:17.4	105	669	36	233	22:15.6	283	4:14.7	127	643	0:49:55.0	212	2255		
9	1999	m	Rosenau, Thorsten	9.2	503	6:38.6	128	1:23.8	149	780	15.8	402	14:59.1	104	3:30.5	52	558	35.1	266	25:24.4	126	4:12.1	138	530	0:53:42.0	130	1998		
9	1999	m	Straube, Horst	11.6	185	6:39.5	126	1:34.4	44	355	20	108	14:09.4	163	3:34.4	39	310	44.7	28	24:06.0	183	4:23.0	96	307	0:49:26.0	224	1196		
8	1998	m	Deinlein, Uwe	9.1	520	5:15.6	429	1:11.9	341	1290	14.9	489	10:58.8	508	2:39.5	366	1363	31.9	398	18:55.8									

Gesamtergebnisse Läuferzehnkampf

Lauf	Datum	m/w	Name, Vorname	60m	Punkte	1500m	Punkte	400m	Punkte	Summe	100m	Punkte	3000m	Punkte	800m	Punkte	Summe	200m	Punkte	5000m	Punkte	1000m	Punkte	Summe	10km	Summe	Gesamt	
7	1997	m	Bentner, Dieter	9.4	471	5:32.7	353	1:16.2	263	1087	16.4	348	11:56.0	384	2:52.7	257	989	32.9	354	20:31.0	396	3:38.1	315	1065	0:42:39.9	426	3567	
7	1997	m	Georgi, Gotthard	9.1	520	5:57.0	257	1:08.9	402	1179	14.5	530	13:04.2	259	2:51.2	269	1058	30.4	470	23:12.0	229	3:49.6	247	946	0:48:00.4	261	3444	
7	1997	m	Stecklina, Bodo	10.5	311	5:53.4	270	1:18.9	219	800	17.1	291	12:31.1	317	3:01.8	194	802	35.5	251	21:32.0	328	3:52.8	229	808	0:45:16.3	340	2750	
7	1997	m	Polleschner, Gerh.	10.1	366	5:53.0	272	1:19.0	217	855	16.4	348	12:55.8	273	3:08.5	152	773	34.8	277	22:44.0	255	4:18.7	111	643	0:49:13.0	229	2500	
7	1997	m	Gölkel, Norbert	9.4	471	6:13.0	203	1:21.5	180	854	15.7	411	13:23.3	229	3:04.9	174	814	33.5	329	25:33.0	120	4:01.4	186	635	0:56:41.2	79	2382	
7	1997	m	Forth, Manfred	8.7	590	6:17.1	190	1:13.4	313	1093								30.2	480	25:45.0	112	4:01.4	186	778			1871	
7	1997	m	Röder, Klaus	9.6	439	6:21.5	176	1:15.8	270	885	16.1	374	14:05.9	167	3:00.7	201	742											1627
7	1997	m	Brauns, Jobst	9.6	439	6:43.0	117	1:24.4	141	697																		697
6	1996	m	Platta, Mario	8.4	644	4:49.1	562	1:00.5	600	1806	13.1	689	10:43.7	544	2:20.0	561	1794	26.5	682	19:03.0	507	3:01.0	592	1781	0:38:11.0	595	5976	
6	1996	m	Schuster, H.-Jürg.	8.8	572	5:12.0	446	1:08.0	422	1440	14.3	552	10:59.6	506	2:31.2	444	1502	29.3	526	19:02.0	508	3:09.4	521	1555	0:40:08.0	518	5015	
6	1996	w	Kus, Ute	10.1	540	6:08.0	470	1:19.4	418	1428	17.7	398	12:50.0	569	3:01.0	447	1414	34.2	491	22:14.0	568	3:51.2	518	1577			4419	
6	1996	m	Deinlein, Uwe	8.9	554	5:20.4	407	1:11.9	341	1302	15.3	449	11:06.3	491	2:43.7	329	1269	32.4	376	18:49.0	526	3:28.0	382	1284	0:40:00.0	523	4378	
6	1996	m	Stecklina, Bodo	9.9	394	5:51.1	279	1:21.9	174	847	16.7	323	12:20.0	338	2:57.9	220	881	34.8	277	21:01.0	362	3:44.5	276	915	0:43:46.0	389	3032	
6	1996	m	Bauer, Hardy	9.3	487	6:05.2	228	1:18.8	220	935	18	224	13:15.0	242	2:58.0	219	685	34	308	23:22.0	220	3:47.0	262	790	0:51:16.0	180	2590	
6	1996	m	Straube, Horst	11	250	6:33.5	142	1:31.9	63	455	18.2	211	13:15.0	242	3:06.0	167	620	38	169	22:24.0	274	4:04.3	172	615	0:45:07.0	345	2035	
6	1996	m	Brauns, Jobst	10	380	6:38.5	129	1:22.7	163	672	16.3	357	14:31.9	134	3:21.7	86	577	33.1	346	23:53.0	194	4:27.2	82	622	0:52:32.0	153	2024	
6	1996	m	Forth, Manfred	8.6	608	6:27.1	160	1:15.0	284	1052	14	585	14:40.0	125	3:09.0	150	860											1912
6	1996	m	Röder, Dirk	8.9	554	6:04.2	232	1:09.4	392	1178																		1178
6	1996	m	Röder, Klaus	9.4	471	6:11.1	209	1:16.3	261	941																		941
6	1996	m	Georgi, Gotthard															30.8	450	23:26.0	217	3:53.7	225	892			892	
6	1996	w	Amsel, Daniela	11.5	347	8:26.7	74	1:46.6	66	487																		487
5	1995	m	Stecklina, Bodo	10.6	298	5:54.8	265	1:17.7	238	801	17.1	291	11:59.8	377	2:52.7	257	925	34.8	277	21:28.7	331	3:48.5	253	861	0:43:03.0	413	3000	
5	1995	m	Röder, Klaus	9.8	409	6:03.5	234	1:15.4	277	920	16.2	366	13:55.5	181	2:59.9	206	753	33	350	24:19.2	173	3:51.6	236	759	0:52:12.0	160	2592	
5	1995	m	Bentner, Dieter								15.6	420	11:34.5	429	2:44.4	323	1172	33.5	329	19:27.1	475	3:29.4	372	1176			2348	
5	1995	m	Straube, Horst	11	250	6:04.8	230	1:25.8	124	604	19.1	155	12:42.8	296	3:10.2	143	594	38.2	163	21:38.5	321	4:04.4	171	655	0:45:12.0	343	2196	
5	1995	m	Röder, Dirk	8.6	608	5:57.7	255	1:07.7	428	1291	14.8	499	18:26.5	1	2:56.8	227	727											2018
5	1995	m	Bauer, Hardy								16.8	315	13:03.7	260	3:02.6	188	763	33.3	337	22:28.7	270	3:46.3	266	873			1636	
5	1995	m	Tiffert, Udo															29.5	515	18:29.5	553	3:12.8	494	1562			1562	
5	1995	m	Stoppe, Bernd	8.8	572	5:23.3	394	1:06.4	457	1423																		1423
5	1995	m	Brauns, Jobst								15.6	420	14:09.1	163	3:23.1	80	663	32.3	380	24:31.6	163	4:39.4	47	590			1253	
5	1995	m	Forth, Manfred	8.7	590	6:33.5	142	1:13.4	313	1045																		1045
5	1995	m	Müller, Frank								14.3	552	13:29.2	220	3:13.2	127	899											899
5	1995	w	Stoppe, Carolin	13	188	8:37.7	57	1:51.5	35	280																		280
4	1994	m	Hintz, Rene	8.1	702	5:04.0	485	1:06.0	466	1653	13.6	630	10:58.3	509	2:28.9	466	1605											3258
4	1994	m	Röder, Dirk	8.5	626	6:08.5	217	1:11.8	343	1186	14.3	552	15:11.2	92	2:49.2	284	928	30.5	465			3:41.4	295	760			2874	
4	1994	m	Stecklina, Bodo	10.6	298	6:02.3	238	1:22.4	168	704	17	299	12:36.6	307	2:57.8	220	826	33.7	321	21:22.5	338	3:48.0	256	915	0:44:59.0	349	2794	
4	1994	m	Röder, Klaus	9.7	424	6:10.0	212	1:13.0	320	956	15.2	459	13:47.2	193	2:51.7	265	917	31.7	408	26:13.3	95	3:50.6	241	744			2617	
4	1994	m	Straube, Horst	11.5	195	6:17.0	190	1:30.0	80	465	18	224	12:28.2	322	3:08.8	151	697	39.6	125	21:29.5	330	4:12.0	138	593	0:45:11.0	343	2098	
4	1994	m	Stoppe, Bernd								14	585	11:45.9	405	2:35.6	401	1391											1391
4	1994	m	Lotzmann, Manfr.								14.9	489	14:53.1	110	3:25.2	71	670	31.6	412	28:04.0	42	4:46.1	32	486			1156	
4	1994	w	Amsel, Daniela	11	411	8:37.7	57	1:50.3	42	510	18.6	328			3:57.0	105	433					5:18.8	101	101			1044	
4	1994	m	Müller, Frank								14.7	509	13:51.0	188	3:01.5	196	893											893
4	1994	m	Forth, Manfred															29.6	510	24:39.8	157	4:14.0	130	797			797	
3	1993	m	Müller, Frank	9.2	503	5:54.2	267	1:10.6	367	1137	15.6	420	13:50.2	189	3:26.6	66	675	31.4	422	25:29.2	123	4:53.0	20	565	0:47:09.0	285	2662	
3	1993	m	Brauns, Jobst	9.3	487	6:21.3	177	1:23.1	158	822	15.5	430	13:29.5	219	3:07.2	160	809	32.2	385	23:18.4	223	4:07.4	158	766	0:47:55.0	264	2661	
3	1993	m	Forth, Manfred	8.6	608	5:59.3	249	1:13.5	311	1168																		1168
3	1993	m	Röder, Klaus	9.9	394	6:06.0	226	1:16.8	253	873																		873
3	1993	m	Straube, Horst															38.1	166	21:08.4	353	4:01.1	187	706			706	
2	1992	m	Martin, Erhard	9.2	503	5:36.2	338	1:14.7	289	1130	14.7	509	11:45.0	407	2:46.1	309	1225	31.8	403	20:36.0	390	3:48.0	256	1049	0:42:30.7	431	3835	
2	1992	m	Forth, Manfred	8.6	608	5:56.5	259	1:12.2	336	1203	13.4	653	13:30.0	218	2:45.6	313	1184	29.8	500	24:34.0	161	4:01.0	188	849			3236	
2	1992	m	Röder, Klaus	9.5	455	5:50.6	281	1:14.5	293	1029	15.2	459	12:45.0	292	2:51.2	269	1020	32.6	367	22:58.0	242	3:42.0	291	900	0:48:46.5	241	3190	
2	1992	m	Lotzmann, Manfr.	8.9	554	6:54.5	91	1:16.8	253	898	14.5	530	15:36.0	69	3:09.4	1												